

APRIL 2023

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EAST HARLING - WEST HARLING - BRIDGHAM -
ROUDHAM - BRETtenham - LARLING

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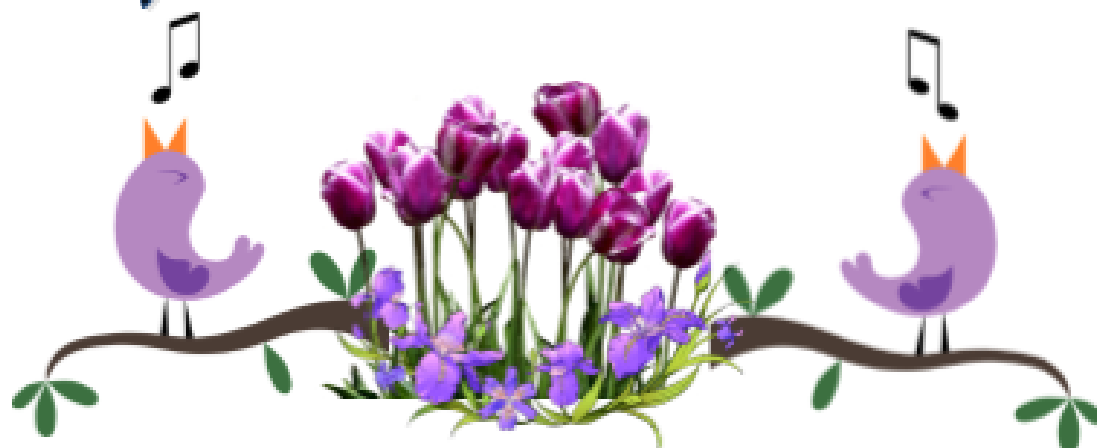
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Happy Easter



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<https://www.harlingpc.info/> under the News page.

<https://www.harlinguiltonbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>



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Sunday 9 th April Easter Day	9.30am Holy Com'union	9.30am Holy Communion	9.30am Holy Communion		11.00am Holy Com'union
Sunday 16 th April Easter 2	9.30am Holy Com'union 6.30pm Harling Praise	11.00am All Age	9.30am Holy Communion	11.00am Service of the Word	
Sunday 23 rd April Easter 3	9.30am Holy Com'union	9.30am Holy Communion			11.00am Service of the Word
Sunday 30 th April Easter 4		BENEFICE	SERVICE		11.00 am Benefice Service



Date	Brettenham	Riddlesworth	Blo'Norton
Sunday 2 nd April Palm Sunday			
Sunday 9 th April Easter Day			11.00am Holy Communion
Sunday 16 th April			
Sunday 23 rd April Easter 3	11.00am Holy Communion		
Sunday 30 th April Easter 4	BENEFICE	SERVICE	



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Parish Records 2023 ~
~ Funerals ~

We offer our condolences to the family and friends of:-

Eileen Joan WRIGHT whose funeral was held in East Harling Church on Wednesday 1st March followed by interment in the Churchyard.

Margaret Alice NEVE whose funeral was held on Thursday 2nd March followed by interment in the Churchyard.

Floodlighting April 2023 ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ

Please make sure your requests are clearly written. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

9th Ken Bayley remembering you 20 years on. Always in our thoughts, Marilyn, Karen and family.

12th Ena King, A dear Mum, remembered with love always.

13th Valerie Slater, a dear sister, remembered with love always.

Thank you to all who sponsor floodlighting of East Harling Church

EARTHQUAKE APPEAL

A big Thank You to everyone who came to the Coffee Morning at East Harling Church to support the Earthquake Appeal for Turkey and Syria.

An amazing £1,370 was raised.
(also please see report from SARAID on pp 9&10)

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THANK YOU

We would like to thank everyone for their attendance at Bob & Muriel Comer's funeral at East Harling Church on the 19th January 2023. Also to thank Revd Caryl Brown, the Churchwardens and Turners for conducting a very special service. Thank you to everyone for your support at this difficult time. From Robert Comer, Helen Brundle (nee Comer), Thomas, Alexander & Callum. PS If anyone would like a copy of the service sheet Revd Caryl Brown has some.

THANKS

We would like to thank the Revd. Simon Richardson, Peter Lee, the churchwardens and Rosedale Attleborough, for organising and conducting the funeral service of our dearest departed mother Eileen Wright of The Park on the 1st March 2023 in a sensitive and caring manner. We would also like to thank everyone for their support at this difficult time. From Ken Wright, David Wright, Sandra Martin and the rest of the family.

METHODIST CHAPEL WHITE HART STREET
Methodist Services in April

2nd April 10.30am Mr Dennis Cartwright
8pm Soul Cafe at Old school Hall
9th April 6.30pm Rev David Ely Chapel Anniversary & Communion service
16th April 11am United service at Garboldisham Parish Church
6.30pm Harling Praise at Parish Church in East Harling
23rd April 6.30pm Rev David Ely
30th April 6.30pm Rev David Ely communion

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Everyone Welcome!

EASTER LILLIES

As part of our Easter celebrations we are planning to decorate East Harling Church with lilies. As in previous years if you would like to donate a lily or lilies in memory of a loved one please let Chris Tagg know **as soon as possible.**

Please provide in writing the details of the donor, the name of the loved one to be remembered and enclose your donation either in cash or by cheque payable to East Harling PCC. The cost of one lily is £6.00.

Contact Details Chris Tagg: Tel 01953717329, mob07714294214 or you can email ctag@mrshoes.co.uk



Dear Friends

We are approaching Easter and although, like all our celebrations, they come round year by year, the point of this festival in the Christian year is to remind us to constantly revisit hope!

There are so many reasons to feel down ... globally, war still rages in Europe, the environmental crisis that we are facing seems still to have no solution in sight ... and the list could go on. Nationally, prices continue to go up, and our politics doesn't seem to go very far in helping us live day to day.

And in our own personal lives, many of us, most of us (perhaps all of us) have our own burdens and obstacles to live with, day after day. Not a cheery message so far, I will admit!



Easter is the reminder that hope is always around the corner. At every funeral I take, one of the prayers I use says that God '... brings joy out of grief, and life out of death.' Easter, and its proclamation of Jesus' rising from the tomb, calls us to know not just that this one man faced death, and was drawn through to new life, but that we can trust God to bring us through all things, to new possibilities.

I know this in my own life; as I have faced adversity and difficulty, God has drawn me to new places, people and experiences that I couldn't have known otherwise. No doubt there is still trouble ahead ... but I know now, in the depths of my soul, that God will lead me through that as well. So, although I do believe in some glorious reality that will follow on from this one – I am strengthened to live now with hope, joy and confidence.

My prayer would be that this Easter, you would feel the invitation of Jesus to know him, and all that he has in store for you in this world and the next.

Yours with every blessing

Simon

MIDWEEK COMMUNION



This short communion service continues every Wednesday in St Peter and St Paul's Church, East Harling at 11.30am.

Feel free to bring your lunch with you so that we can share some social time together. Tea and coffee will be provided.

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THE TURKISH EARTHQUAKE

Having recently written an article for the Contact magazine regarding my membership of a disaster response team called SARAID and a large earthquake exercise we had planned and taken part in; little did I know that within weeks we would be deploying for real.

On Monday 6th February 2023 at 04.17am local time (01.17am GMT) a magnitude M7.8 (Richter Scale) struck southern and central Türkiye and northern Syria. The epi-center was 37km west-northwest of Gaziantep. The earthquake had a maximum Mercalli intensity of XI (Extreme) with a depth of 10km and lasted 80 seconds. An aftershock measuring M6.7 occurred about 11 minutes after the first shock.

The first I was aware of this was around 2am, when I was awoken from a deep sleep by my wife saying "Your phone's going off" when I checked it was a Red Warning Alert SMS message from the United Nations Global Disaster Alert and Coordination System (GDACS), this was quickly followed by a number of other SMS and WhatsApp messages from other team members. I did a quick check of the UN's VO which is a real time online coordination platform that allows for information exchange early in an emergency and also on social media and neither showed much information about the incident, so I made sure that we were shown as monitoring the incident on VO and went back to sleep. At around 5am I was awoken by more SMS messages coming through on my mobile detailing more information about the quake. It turned out this was the largest earthquake in Türkiye since the 1939 Erzincan earthquake of the same magnitude and it was felt as far as Egypt, Israel, Palestine, Lebanon, Cyprus and the Black Sea coast of Turkey. SARAID's activation procedure now began to kick in and following a second M7.7 earthquake at 1.24pm local time (10.24am GMT) which was centred 95km north-northeast from the first, the Turkish Government request international assistance.

A team of 19 of SARAID's volunteers were available and the rest of Monday was spent by the team preparing kit and trying to book flights, which was being made more difficult due to Istanbul airport being temporarily closed due to bad weather, and the number of Turkish nationals in the UK trying to get back home. Eventually thanks to the efforts of Pegasus Airlines flights were arranged out of Stansted Airport on Tuesday 7th February, but the team had to split onto 2 separate flights which would take us initially to Istanbul and then on to Adana airport. On arrival at Adana Airport the team were briefed by members of AFAD the Turkish governmental disaster management agency operating under the Turkish Ministry of Interior and it became apparent how vast the areas of destruction were. The 9

affected regions were Adiyaman, Kahramanmaras, Malatya, Gaziantep, Hatay, Iskenderun, Nurdagui, Besni and Kirkhan.

SARAID was tasked to Kahramanmaras which would normally be a 3-hour drive from the airport across the mountain but due to the damage caused to the road network it was estimated it could take up to 12 hours to drive and also there was a shortage of suitable transport due to the number of international search and rescue teams arriving. Once again, we had to split the team with the majority loading themselves and most of the kit into a small coach and truck. Two members of the team from our Coordination Support Cell were tasked to remain at Adana airport and assist the local authorities in the USAR reception centre with the facilitation of arriving international rescue teams. After a short wait for further vehicles at the airport, I managed to have a chat with the Turkish military liaison who agreed that myself and the other three members of the team, along with a small team from Estonia could be transported to Kahramanmaras on a military black hawk helicopter.

The city of Kahramanmaras had a population of around 390,000 and the vast majority of its buildings had been either completely or partially destroyed by the earthquake. The base of operations for international rescue teams had been set up on a sport playing field just outside the city. Our initial tasking was to assist in the coordination of the international teams working under the UN umbrella. However, within moments of arriving in Kahramanmaraş it was apparent that this disaster was on a scale far greater than we had anticipated and we were needed on the ground. On Wednesday evening, we joined our German partner team, @fire Internationaler Katastrophenschutz Deutschland (@fire



International Disaster Response Germany), who had been working for the entire day to reach a family trapped beneath a 12-storey collapsed building. As night fell and the temperature plummeted, we lost contact with the trapped victims and were concerned that time was running out. Supported by enthusiastic local construction workers we dug down in front of the building to create a small tunnel towards the basement wall. From here we were able to drill a small hole through the reinforced concrete wall and insert our search camera to investigate the debris filled void.

Turkey Earthquake Continued from Page 9

This led to the incredible moment where a hand reached out and grabbed the camera, confirming the casualties were still alive. After several hours of breaching a larger hole in the wall and clearing the debris we successfully rescued a 34-year-old mother called Hamza and ~~Sema~~ her 6-year-old daughter, to a crowd of onlookers chanting "Allahu Akbar", an incredibly emotional moment that will stay with me forever. The high was short lived however as we returned to the hole to attempt to locate the remaining family members. Using our search camera again we carefully progressed further into the debris filled void beneath the collapsed building and eventually located the lifeless body of the woman's young son. This was a crushing blow for the team, the only slight solace being that we could offer the mother some closure as to her son's fate.

The weather was bitterly cold, with overnight temperatures dropping down to -10C. At night the city took on a post-apocalyptic feel, with fires scattered around every street corner. People were struggling to stay warm by burning the remains of what was once their home. The air was heavy with the smell of burning plastic and smoke, a smell which was only punctuated by the frequent scent of the bodies that had yet to be recovered.



The devastation throughout the city was on a scale far greater than anyone in the team had witnessed before in 25 years of deployments. The central area of ~~Kabramonaras~~ was almost totally destroyed, with nearly every building razed to the ground. Those that were left standing were precariously damaged beyond repair. Over the next few days, we carried out countless searches using our technical equipment and search dogs from the international units. This was a frustrating task, trying to piece together information amidst a chaotic situation, and having to make the tough call to move on when our ~~searches~~ drew a blank, despite the pleas from distraught family members, desperate for any glimmer of hope that their family may have survived. On Friday evening however, one of these searches resulted in a positive indication on our listening equipment, a faint knocking sound deep within the rubble of a collapsed tower block. It was not enough to locate the position of the casualty, but it gave us the hope to continue to search the area. We instructed the local recovery team to continue to carefully excavate the debris to expose more of the slab that we had picked up the signal on. Using an excavator to carefully clear the rubble, we exposed a hole in the slab from which we heard a shout and found a 15-year-old girl, ~~Ikbal~~, trapped underneath

the slab. Our team's structural engineer had to identify the safest means to carry out the extrication, both in terms of the casualty's safety and that of the team. He said it was one of the most intense yet satisfying engineering problems he had ever dealt with, trying to assess the structural form of what was left of the collapsed building in front of him and translating that into what might be supporting the slab below him, knowing that the safety of both ~~Ikbal~~ and the rescue team was at stake. Any movement of the slab could have crushed ~~Ikbal's~~ legs further or worse the entire slab could have collapsed onto the rescue team and ~~Ikbal~~.

Carefully clearing the rubble with our hands, the team managed to create enough space for one of our smaller team members to crawl under and install a prop to secure the slab. Whilst under the slab, ~~Ikbal~~ grabbed his hand and refused to let go. She was surprisingly lucid considering her situation, having been entombed in the dark for over 110 hours. They chatted about her white cat, Cedric, that was also missing, and she asked us to take care of her Harry Potter books. Her love of reading may well have saved her life with her pile of books preventing the slab from crushing her. The team continued to cut away a window frame and a radiator that was blocking her exit. We were able to provide safe access for the local medical team to give her the urgent care needed before we could free her legs. We were then able to pull her out onto a stretcher then to transport her to hospital. The entire rescue process took a little over 20 hours.

I'm incredibly proud of what our team of volunteers achieved as well as the response of our colleagues from the international search and rescue community. The collaboration between teams from around the world, working together without prejudice, showed humanity at its finest. However, above all, I must commend the untiring tenacity of the highly skilled local search teams and Turkish public who worked around the clock without fear in horrific conditions to reach their loved ones. Throughout the week we were welcomed with open arms by everyone that we encountered and received countless acts of generosity and kindness by those who had lost everything.

Our work is merely the first step to a very long road to recovery for the people affected by this disaster. They will need assistance for many years to come. I would like to say a heartfelt 'thank you' to those who have generously supported SARAID over the last week, your donations have made a genuine impact. SARAID receives no funding from the DEC or the government and relies solely on the donations of our supporters. All our team members are unpaid volunteers. By supporting SARAID you're enabling us to go wherever we are needed and help save lives. Our kit is cleaned, bags are re-packed, and we're back on call 24 hours a day, 365 days a year ready for wherever we may be needed next.

If any club or group would like a presentation on the work carried out in Turkey, this can be arranged please just email gary.francis@saraid.org.uk
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APRIL GARDENING NOTES

A thought for 22 April - Earth Day
The Earth is fine
It's the people that are in trouble

April can have all 4 seasons in one month. Don't be tempted to plant tender plants outside even if the DIY stores and supermarkets have them - we regularly get odd hard frosts any time up to the end May.

Lawns: Sow seed. Apply a weed and feed if you didn't last month, and you don't want wild flowers in your lawn - don't feed wild flower meadows.

Patios: Remember why you have a patio. Clean off the BBQ, chill the white wine - there will be a few suitable days
Rhododendrons, Azaleas etc. in pots: Keep watered with Rainwater. Coffee grounds are acidic, so an occasional mulch of these will help if you don't have access to nature's life giver! Remember the 7 inch rule - in order to soak down to the bottom of a 7 inch pot you would need an inch of rain. water at least fortnightly - more if we have a prolonged hot spell (you never know)

Evergreen Shrubs: A lot of them have suffered badly with our odd weather - the long very hot and dry summer sent them into winter stressed but generally looking ok. Then we had a mild period with plenty of rain, followed by a couple of very hard frosts, which browned the leaves of a lot of them followed by leaf drop on a major scale. Then drought in January, grey February, ice and snow at the beginning of March. A lot of the evergreens look somewhere between terrible and dead. Don't give up yet, leaf drop is a survival technique; when (if) the weather warms up (I am writing this in early March, so the weather could have done anything by the time you read this) they may fully recover or push out new growth from the base or part way up. Give them until late May before you give up on them

Perennials: put in supports while new growth is still short
Dahlias: Plant tubers outside. Take cuttings from potted plants when they are about 4 inches long. Don't forget to label the cuttings - they look broadly similar until they flower
Annuals: finish off sowing hardy annuals, half hardies can be sown with protection in pots or trays. On warm days ventilate the greenhouse.

Gladioli: plant 4 - 6 inches (10-15cm) deep continue planting a few every couple of weeks until late June they will flower over a much longer period.

Vegetables: Sow in greenhouse or cold frame without heat: French beans (dwarf or climbing), runner beans, ridge cucumbers, sweet corn. Sow /plant outdoors: broad beans, broccoli, cabbage, carrots, cauliflower, kale, lettuce (a few), peas, potatoes radishes (a few each week until July)

Plant out: Broad beans, cabbages, cauliflowers, leeks, lettuces, onion sets and peas. **Harvest:** anything that is ready. Remember over-wintered plants such as leeks will run to seed when we get a few warm days together, so it is better to harvest small by early May unless you want to keep some of the seed.

Weeds: Weeds are just wild flowers in the wrong place. If everybody allows just a small patch of wild flowers Mother Nature will be grateful. Hoe any that are unwanted on warm, dry days. I removed the so called grass in front of my hedge in the autumn and planted bluebells and a wild flower seed mix. I will re-sow grass seed towards the end of the month when the wild flowers have germinated and had a chance to get established.

General: The garden is there to enjoy. Stop and relax and admire your handy work occasionally

And a poem by Jennifer Gunner just to cheer you up after the gloomy introduction.

All The World's Alive Again, The rabbit hops its gentle step, The lark sings lyric songs, All the world's alive again'
Spring rights the winter wrongs

Good Gardening
Kevin



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EAST HARLING

HARLING 10 K RUN

It is the time of year again when we plan for this year's 10K. After the hand over to the Athletics Club it has been decided to change the race date to Sunday September 3rd race start 10.30 am. There are two reasons for the change of date, the first being the heat, it should be much better in September for the runners, secondly the Athletics Club organise a 10k at Lotus in June on their test track so to stage the Harling in July would be a bit difficult to get both races organised so close together. To register for the Harling and or the Lotus 10K's go to totalracetiming.co.uk/race and follow the link.

Now to our fantastic marshals and helpers (it's not just me saying this the runners all say how good you are) if you are able to help us again it would be much appreciated (same format just a bit cooler we hope) could you let Jenny or myself know if you are available to help again, also to anyone who has not helped us in the past and would like to do so please give me a call on 07881417807 I am sure you will enjoy the day. Thanks everyone for your support, I have said it before and I will say it again, without your help it would not happen. Thanks again, Chid Blades and the Athletics Club.

EAST HARLING WI

In February, East Harling WI had a talk from Justin Jacobs - with the help of his lovely wife and loyal assistant Becky!! It was fascinating to hear about the history of Eastfield House, the previous inhabitants, and to see all the before and after photos and hear about the hard work involved. Our May meeting will be a visit to Eastfield House, but this will only be available for WI members. The competition will be to bring a cake and the winner will be judged on the best cake on the night - no cheating!!

Our April meeting is Resolutions Night, where we hear what resolution has been chosen for the WI to endorse. This is also the night when annual subs should be paid. This year they will be £46.00, if members decide to join later in the year the annual fee is reduced pro-rata, so there is the option to join the WI at any time in the year and not be forced to pay the whole year's fee. Please bring a plate of nibbles to be shared amongst the meeting.

East Harling WI meet on the third Tuesday of each month at the Old School Hall for 7.30pm. Our April meeting is on the 18th of April. It is always nice to see new faces, and we welcome meeting new and old friends to any of our meetings. If you have any questions please ring me Jackie Underwood on 07725 126115.

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HARLING ANNUAL PARISH MEETING

25th April

All residents are invited to attend this meeting to be held in Harling Old School Hall at 7pm

At this meeting the Parish Council will report on the last year activities and its end of year finances Plus reports from local community groups and charities.

If you have any specific matters you would like discussed please email the Clerk before the 17th April at harlingclerk@gmail.com or in writing to 5 The Bailiwick.

Refreshments will be served

EAST HARLING & KENNINGHALL MEDICAL PRACTICE NEWSLETTER UPDATE – MARCH 2023

I would like to start the update this month with a thank you to all our patients for their patience whilst the Practice transfers to a new computer system, which went fully operational on Thursday 2nd March. Over the next few weeks our staff will be getting accustomed all aspects to the new system, so your understanding whilst this transition takes place is really appreciated.

The benefits of our new system will include having a single Electronic Health Record for every patient. This shared record is available across all healthcare settings to any staff who need it during a patient's care. This improves patient care by bridging the gaps between services.

Every effort has been made to minimise patient disruption, including a large proportion of our staff working through the weekend of 4th and 5th March on the new computer system. In terms of repeat prescriptions, a couple of reminders this month please: If you are requesting repeat prescriptions via the telephone, please select option 2. The telephone ordering service for repeat prescriptions is open 10:00-13:00 Monday-Friday (excluding Bank Holidays). Also, please allow 5 full working days for the processing of repeat prescriptions. Demand for appointments remains high, reflected in the number of telephone calls received, with 4,294 telephone calls received by the Practice in January and 3,468 in February.

We continually review the resource we have available to meet patient demand and have in February increased the level of staffing in our Dispensary team. We are currently advertising for a GP and Receptionist.

Finally for this month, a reminder for patients driving to our East Harling site, the driveway and paved footpath beyond the line of the car park at the rear of the building belongs to the private residential property. We would be grateful therefore if patients could avoid parking on this drive and pathway and avoid blocking access to this property.

As ever please feel free to contact me with any feedback or ideas for content for future newsletter update via my direct e-mail: s.round3@nhs.net.
Simon Round Practice Manager 5th March 2023

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EAST HARLING GARDENING CLUB

March saw our AGM and social which was well attended. We have a full and varied program lined up for the coming year starting on 11 April with a talk by Melanie Collins on **hostes**.

May sees a talk on botanic gardens by Jim Payne of Walnut Tree Nursery on the 9th with some plants available for sale, then on the 13th we have the annual sale of plants grown by members.

See future copies of Contact for other talks and events which include 2 trips out and a visit to the pantomime.

Membership costs just £10 which works out at less than £1 per meeting, new members and visitors are always very welcome (cost for visitors £3.)

A WORD OF THANKS FROM HARLING PARISH COUNCIL

The Parish Council would like to thank David and John **Boggia** for their work refurbishing and re installing the Millennium bench on Memorial Green.

And also to the **Boggia** family for the beautiful new bench in memory of their dear brother Peter.

CARPET BOWLS

We meet every Friday at 2 pm till 4pm. in the Old School Hall. Please do come along and have a try. Free tuition given. We stop half way for a cuppa and a biscuit. We are a friendly lot -come and meet us! If you are interested Phone Heather on 717648.

APPEAL FOR COOKS/CHEFS FOR LUNCH CLUB

This is our last appeal for people to help cook for Lunch Club once or twice a month from 9am – 2pm. Without one or two more volunteer cooks we are unable to continue. We provide an important opportunity for our retired and not so young residents who are often living on their own, to get together for a chat and share lunch at very reasonable prices



The Cook for each lunch session is in charge of the team of willing volunteers and is responsible for deciding the menu and ordering the necessary ingredients and preparing the dishes for a two course meal. They are assisted by a small group of regular volunteer helpers in preparing vegetables and accompaniments and to run the service. We usually prepare around 30 meals each lunch session. The kitchen at the Old School Hall is well equipped and an enjoyable space to work in. The volunteer helpers are a cheerful and friendly team. The Lunch club members are a very appreciative bunch and are all regular attendees.

If you are interested can you please contact Kevin Smith on ~~717648~~ or Heather Kenny on 717648 as soon as possible!!!

NORFOLK WILDLIFE TRUST BRECKLAND GROUP

Our talk for March 8th was cancelled last minute due to the weather. We thank everyone who turned out as we couldn't contact them, who were so understanding. Hopefully we'll be able to have the talk with Anne Mason at a later date. . Our next event is Sunday 30th April 10-12noon a guided walk at RSPB Lakenheath Fen. Meet at Visitor Centre, Station Road, Lakenheath, IP27 9AD. Cost tbc booking essential 01953 718119



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**RETURN OF THE BRIDGHAM VILLAGE HALL
WEDNESDAY SOCIALS**

Wednesday socials are back on Wednesday April 5th and Wednesday April 19th this month. Refreshments served from 11am and we look forward to welcoming you!

BOOK REVIEWS BY SALLY

This month, not too many crime books you will probably be pleased to hear. I thought it was time for a change for those who read various books. The books can be found in the Harling book swap, any good bookshop, or on Amazon kindle. I hope this inspires you.

The Jewel Garden: A Story of Despair and Redemption by Sarah Don and Monty Don

As a regular viewer of BBC's Gardeners world, I couldn't wait to start this book to read about how they got to where they have today, with their much loved Jewel Garden. Unlike the previous Gardeners World series, they are lucky enough to live amid this beautiful garden that has taken some time to develop, changing every day. Whilst you would think the book is just like any other gardening book, it is certainly not. Many people have said it is truly inspiring, and I couldn't agree more. I couldn't put it down and had to finish it once started. Their honesty in describing the callous times is incredible. Rarely are authors that honest — a great read.

The Creek: A summer suspense mystery by LJ Ross

I haven't read this author's books before but I wanted an easy read. As someone who doesn't always get a good night's sleep, this sounded right up my street. It is set in Cornwall, a location I know very well; having been brought up in the West Country, how she describes life in Cornwall is lovely and brings back many happy memories. It is a crime novel, but you're never sure who did it until the last few chapters. Perfect, right up my street and suddenly sleep seemed a much lower priority. What better way of spending the early hours, kindle in hand and a compelling book?

Through the Garden Gate by Susan Hill

This one attracted my attention as a lover of Susan Hill crime books. It is described as lyrical prose with Angela Bartlett's lovely paintings. A great combination to increase your knowledge of the garden and to inspire you to plant other things. I thoroughly enjoyed dipping into this book. It has pretty large text, making it perfect for those with impaired sight. Very easy to read with lovely descriptions of plants that are probably in your garden. I particularly enjoyed the Winter Garden chapter with amazing descriptions of gardens during November to March. You can almost feel the chill in the air as you read the chapter—a great read on a chilly day.

ANNUAL LITTER PICK

Roudham and Larling Parish Council - will be holding our Annual Litter Pick on **Sunday 2nd April**.

We meet at the English Whisky Distillery main car park in Harling Road at 10am. Tools and gloves will be provided, with the litter pick expected to take no more than 1-1.5hrs to complete. We clean along the Roudham Road and B1111 between the A11 and white bridge corner towards East Harling.

Another group will also meet at the Parish Notice board at Larling at 10am.

ROUDHAM ANAEROBIC DIGESTER PROJECT

There is expected to be a presentation at the April Parish Council meeting on Thursday 20th April, on behalf of the applicant of the **Anaerobic Digester project** at Camp Farm, Roudham.

They are expected to submit a revised planning application to increase the number of digesters from the one originally awarded permission in 2016 (but never built).

If you are interested in attending, please do check the Agenda when released the week before, to ensure the presentation is taking place. Our website www.roudhamandlarling-pc.norfolkparishes.gov.uk.



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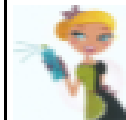


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CRAFTING CREW

East Harling Sports & Social Club
Rudd Room

SECOND FRIDAY OF EACH MONTH
7.00-9.00pm

£3 plus cost of resources £5
Next on 14th April with
Feather Macrame Hanging

ALL WELCOME!!!



For further details call
Linda Reeder 07554061328



East Harling Methodist Church
invites YOU to...

Monday Craft Café

10am-12noon on the
1st and 3rd Mondays of the month

In the Hall behind East Harling Methodist Church
White Hart Street

Next on 3rd & 17th April

Bring along any craft you would like to, have a chat,
and coffee and cake will be available!



Flower arranging club

Thursday mornings 10-12noon

In Hall behind Methodist Church
White Hart, Street East Harling.

New term begins April 20th 2023

To Book a place or for more information
Ring Maureen on 01953 452727

Or feel free to visit on a Thursday morning
to meet us, and see what we do!

DIARY DATES 2023

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

APRIL 2023

- 1st East Harling Church Easter Community Café 10-12
- 2nd Roudham and Larling annual Litter Pick 10.00am
- 4th E Harling Film Club OSH 7 for 7.30pm
- 5th Bridgham Village Hall Wednesday Social 11-1pm
- 5th OSH Easter Coffee Morning 10-12 noon
- 5th Bridgham Village Hall Wednesday Social 11-1pm
- 7th Bridgham Village Hall Friday Social 6pm-11pm
- 11th East Harling Gardening Club OSH 7.30pm
- 18th East Harling WI Resolutions meeting OSH 7.30pm
- 19th Bridgham Village Hall Wednesday Social 11-1pm
- 19th OSH Pork Casserole Lunch 12 for 12.30
- 19th Bridgham Village Hall Wednesday Social 11-1pm
- 21 Bridgham Village Hall Friday Social 6-11pm
- 22nd Bridgham Church Coffee Morning 10-12
- 22nd OSH Quiz Night
- 25th East Harling Annual Parish Meeting OSH 7pm all welcome to attend
- 29th Then & Now Slide Show repeat performance OSH 6.30pm for 7pm

MAY 2023

- 2nd E Harling Film Club OSH 7for 7.30pm
- 3rd OSH Lunch Coronation Chicken 12 for 12.30
- 3rd Bridgham Village Hall Wednesday Social 11-1pm
- 5th Bridgham Village Hall Friday Social 6pm – 11pm
- 6th E Harling Coronation celebration BIG SUPER SWING BAND 7pm – 11 pm East Harling Church
- 7th A CELEBRATION FOR THE KING on Harling Recreation Ground 2pm onwards
- 9th East Harling Gardening Club OSH 7.30pm
- 16th East Harling WI visit to Eastfields
- 17th Bridgham Village Hall Wednesday Social 11-1pm
- 17th OSH Coffee Morning 10-12
- 19th Bridgham Village Hall Friday Social 6pm-11pm
- 20th CONCERT by Waveny Choir E H Church (more details next month)
- 23rd East Harling Parish Council OSH 7pm
- 31st OSH Coffee Morning 10-12

JUNE 2023

- 3rd E Harling Church Community Café 10-12
- 6th E Harling Film Club 7 for 7.30pm
- 9th-11th Flower Festival 11am-4pm daily at East Harling Methodist Church theme 'CELEBRATIONS'

Tuesday 4th April FILM CLUB

In Harling Old School Hall
Film starts at 7.30 pm
Open at 7.15pm for crisps, popcorn, soft drinks, teas & coffees
Bring Your Own Bottle!

In contrast to last month's fun and frivolity, this month's film is an epic masterpiece about WWII based on a true story, in which a businessman played by Liam Neeson, arrives in Krakow in 1939, ready to make his fortune from World War II. After joining the Nazi party primarily for political expediency, he staffs his factory with Jewish workers for similarly pragmatic reasons. When the SS begins exterminating Jews in the Krakow ghetto, he arranges to have his workers protected to keep his factory in operation, but soon realizes that in so doing, he is also saving innocent lives.

Adults £5.00
EVERYONE WELCOME



CORONATION OF KING CHARLES III

Come and join us on Saturday 6th May to celebrate the CORONATION featuring the SUPER SWING BIG BAND

East Harling Parish Church
7pm - 11pm

Music from the 40s and 50s
Come and listen or have a dance in the aisles

Licensed Bar & Refreshments

Tickets £10 available from Dorothy on 01953717128
40's/50's dress optional or Red/White/Blue themed costume!



A celebration for The King

Sunday 7th May, 2pm onwards
East Harling Recreation Ground

Activities include: PIPPA'S BALLOONS AND FACE PAINTING, VEG ROAST BY ANA, KIDS DRIVE, DABELWALAH KITCHEN, PIMMS TENT, HARLING STINGS, CRAFT STALLS, SAXO FUN, SWEETS & ICECREAM, BREW DAISY, COMBAT PAINTBALL, NEW BUCK BRASS BAND, DIRTY HAVANA, THOSE HISTORY PEOPLE, CHERRY TREE FARM, THE BUCKET LIST, Commemorative gift for all children.

CONTACT is published monthly by East Harling Parochial Church Council and items for the May edition should be submitted to the editor by email by 12th April 2023 at the **ABSOLUTE LATEST**.

Please ensure that the sender's name and address or telephone number is included in all communications.

Please don't wait until the last day as we cannot guarantee last minute items will be printed.

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