

DECEMBER 2021



CONTACT

**EAST HARLING - WEST HARLING - BRIDGHAM -
ROUDHAM - BRETTHENHAM - LARLING**

VILLAGE NEWS AND EVENTS

CHURCH SERVICES & NEWS PAGES 3 AND 5
CHRISTMAS GREETINGS SEE PAGE 5
REVD SIMON'S NEWSLETTER SEE PAGE 6
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GARDENING NOTES - SEE PAGE 10

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EVENTS IN BRIDGHAM LARLING & BRETTHENHAM
- SEE PAGE 18
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**You are warmly invited to join in the Christmas
Carol Services and Christingle services
across the Villages**

See Details on Pages 3 and 5



Also published on line on the following web pages

<https://www.facebook.com/ehssp20/>

<https://bridghamparishcouncil.norfolkparishes.gov.uk/2020/10/09/contact-magazine/> for Bridgham

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for
Roudham and Larling

<https://www.harlingpc.info/> under the News page.

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For the time being, all the Church buildings will remain closed apart from Services and the provisions listed below:
East Harling Church will be opened for private, individual prayer each
Monday and Friday 10.00am to 3.00pm
and **Larling Church** will be open for private, individual prayer every day
10.00am to 4.00pm

~ Welcome to our Services in December 2021 ~

Date	East Harling	Bridgham	Larling	Brettenham
SUNDAY 5 th December	11.00am Holy Communion	11.00 am Holy Communion		
	7.00pm at QUIDENHAM MONASTERY CHAPEL Advent Carol Service with the Joint Monastery and Harling Church Choirs			
SUNDAY 12 th December	9.30am Holy Communion			
SUNDAY 19 th December	9.30am Holy Communion	11.00am Christingle Service		
	6.00pm Carol Service			
WEDNESDAY 22 nd December			7.30pm Candlelit Carol Service	
CHRISTMAS EVE FRIDAY 24 th December	4.00pm Christingle and Crib Service	8.00pm First Mass of Christmas		
	11.15pm Midnight Mass			
CHRISTMAS DAY 25 th December	10.30am Family Service with Holy Communion			
SUNDAY 26 th DECEMBER	11.00am BENEFICE SERVICE AT ST ANDREW'S CHURCH, <u>BLO'NORTON</u>			



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12th Carol service 3.00pm
followed by tea/coffee and mince pies.
19th Joining St Peter & St Paul for 9 lessons & Carols 6.00pm
26th NO SERVICE
January 2nd Covenant service, Rev David Ely 6.30pm.

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PARISH RECORDS

BAPTISMS

Welcomed into the Church family in November were:

Freddie Mount and Ralph Crystal who were Baptised
7th November 2021 in East Harling Church.

FLOODLIGHTING

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to:
The Rev'd Varlie Sheldrake, 12 Kemps Barns, East Harling, NR16 2TS

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

DECEMBER 2021



9th **Bill DOYLE:** With Love xxxxxx

20th Happy and Treasured memories of our parents **Frank and Peggy PARK**; remembered always, daughters Brenda, Tina and families.

CHRISTMAS:

Isabel and Brian DAVEY ~ Thanks for all the lovely memories. Love and miss you always, Lesley and Wendy xx

Thank you to all who sponsor the floodlighting of East Harling Church



Christmas Greetings



Best Wishes for Christmas and the New Year to all my friends and neighbours. **Eric Smith.**

Tony and Patty Long wish friends and neighbours a very healthy and happy Christmas and all the best for 2022.

Rev'd John and Mrs Anne Handley would like to send their warmest Christmas greetings to all their friends in the Harling Benefice.

East Harling Church



SATURDAY 4th December

come and join us for
Seasonal Refreshments !
10am-12.00 noon

Coffee, tea and soft drinks
delicious home-made cakes
second hand book stall

Hand made gifts by Anne Slater!!

Everyone Welcome!





Dear friends and neighbours ¶

¶
I have been living in East Harling for nearly three weeks, and have been Priest-in-Charge for just over a week as I write this - and I would just like to start by thanking everyone for the warm welcome we have received! It really is great to begin getting to know you, and it's already beginning to feel like home. ¶

¶
Just yesterday, I shared with the lovely Revd Caryl in leading the village's Remembrance ceremony at Memorial Green, and in the damp and cold November weather, recalling those who gave their lives for our freedom, and in the hope of a peace which we are yet to fully realise in this world. And I then went to meet with Mary Wright in Brettenham to plan our Advent Carol Service (at St Andrew's Brettenham on 28.11.21 at 3pm!), which has the theme, 'Looking for the Light'. I'm also planning carol services, Christingles, midnight masses and all sorts of things for the approaching Christmas season. ¶

¶
The thing that strikes me about this time of the year is an obvious one... everything gets darker, colder, the nights get longer. The Church has traditionally remembered those who have died, and as we get to December, in Advent, the focus is on waiting. Not primarily for Christmas, but for that which we are truly looking for. We hear the promises made to Israel that one would come to set them free from slavery and suffering. And many of us, right here, right now, are waiting for something, and wondering if it will ever come. ¶

¶
So the Church gathers in the cold, in the dark, and lights candles. We gather in the quietness and we sing the songs of hope and freedom, and of promises that have been fulfilled, and of promises that are still yet to be fulfilled. I really hope that at some point in the weeks ahead, you will find your way to one of our Churches, to see the light in a flickering candle, or on a Christingle, or on one of the 40+ Christmas Trees that will be in St Peter's and St Paul's. Or if you don't - look up at the sky... see the stars shining, light travelling across the vastness of space... and listen for the peace and hope that only God can give us, whispering in your heart. ¶



¶
Come and sing the songs of old, that remind us that hope was born at Christmas, and can be born in us every single day, when we remember that, in Jesus, this tiny child born in a forgotten corner of the Roman Empire, Love came down and showed us how to love, and forgive, and hope. ¶

¶
Sometimes the darkness in the world can feel like it's overwhelming... sometimes the darkness in our own lives can feel like that too. My prayer for each and every one of you is that this Christmas, you'll find the light flickering in the darkness, the song floating in the air, the love of God being born this time in you - and you'll experience the true, deep and liberating birth of hope in your own heart. ¶

¶
With every blessing for Christmas, and for a joy-filled New Year ¶

¶
Your friend and priest, ¶

¶
Simon ¶

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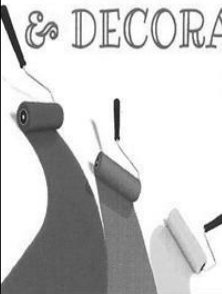
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EAST HARLING WI

We are pleased to announce that we are back up and running again - anyone would think there'd been a pandemic or something!!

Our December meeting is our annual Christmas Meal.

We are in the process of arranging our calendar of exciting events for the New Year - and are waiting to hear back from some of our invited guests, but don't really expect that Boris or Obama will actually have time to fit us in!!

In January, we will be having a Social Evening, with a spot of prize bingo, all are welcome, and please feel free to come along and meet members and make some new friends in the Village. Also, we are encouraging any existing members to bring a friend. Raffle prizes will be greatly accepted.

In February, we are planning another Gin Tasting night, more details to follow. Everyone seemed to really enjoy our previous attempt!! March will be vodka, April will be whisky, May will be wine, etc. etc.

East Harling WI meet on the third Tuesday of each month at 7.30pm in the Old School Hall. Everyone is welcome, and we always enjoy meeting new faces and reconnecting with old faces. We are a small group, but are very friendly and look forward to meeting you. We are a mixed range of ages, and are not all about Jam and Jerusalem!!

Also, we look forward to hearing from any resident who would like to demonstrate a skill, or have some entertaining talks to give. Please feel free to get in contact with myself, Jackie Underwood, on 07725 126115.

Our January meeting will be on January 18th.

Finally, East Harling WI would like to wish the resident's of East Harling and local villages a very Merry Christmas, and that the New Year will be a great one for all.



East Harling Methodist Church invites YOU to...

Monday Craft Café'

10am-12noon on the 1st and 3rd Mondays of the month

Next on 6th and 20th December
In the Hall behind East Harling Methodist Church
White Hart Street

Bring along any craft you would like to have a chat,
and coffee/tea and cake will be available!
Subject to Covid restrictions!

The poster features a colorful border of small icons, a pair of scissors, a glue bottle, a paint palette, and a teapot.

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Harling Old School Village Hall

The poster features two Christmas trees, a bell, and a Santa Claus icon.

THE GARDEN IN DECEMBER

A couple of quotes instead of a rhyme this month:

Gardening is cheaper than therapy, and you get tomatoes (author unknown)

The love of gardening is a seed once sown that never dies (Gertrude Jekyll)

If you have a garden and a library you have everything that you need (Cicero)

A garden is not a place. It's a journey (Monty Don)

I am a gardener - What is your superpower? (Author unknown)

Outside taps: If you can, turn them off inside, if not, then insulate them. There might be global warming but there will still be some severe frosts.

Lawns: Why not help nature to create a low-carbon wildflower meadow?



Part of your garden can become a carbon sink that can play a small but significant part in combatting climate change. All you have to do is mow it less.

In brief when we next have a few dry days set the mower to its lowest level, mow and remove the clippings. Don't mow again until next autumn when again all cut material should be removed. Mother Nature will provide the wild flowers. If particular wild flowers become invasive remove by hand.

Natural grassland is one of the world's most efficient carbon sinks able to lock up over 3 tonnes of carbon per hectare (that's 1.2kg for an area of just 2metres x 2 metres - doesn't

sound much, but just think how many gardens there are in Norfolk!

Full details on the RHS website (rhs.org.uk) - you don't have to be a member to view. The easiest way to find the article is to google RHS grow a low-carbon meadow

Trees and shrubs including roses: continue to plant bare root plants – these can be purchased and planted up until early March. Stake trees to prevent rocking – there will be wind.

Cuttings: Hardwood cuttings of shrubs and trees can still be taken.

Plant: Plant or move shrubs, trees and hedging. Keep watered if necessary until Mother Nature takes over – there will be dry spells

Short biennials: Don't let them get covered with fallen leaves

Bulbs: It is still not too late to plant tulip and daffodil bulbs - garden centres should be selling them off so keep an eye open for bargains. Check potted bulbs planted in September, and move any that are ready to a greenhouse, cold frame or cool room

Vegetables: Continue to harvest whatever is ready.

Fruit Trees: continue winter pruning of established fruit trees and bushes (not stone fruit) up until early March.

Finish pruning grape vines by early January. Keep some lengths of woody prunings and place on the bench in a cold greenhouse or shed for a few days the cut into 30cm lengths (1 foot). Cut at an just below a bud and cut straight at the top just above a bud (this way you will know which way up to plant them) plant several in a large pot or in a cutting bed, label and keep watered and weeded throughout the summer, and new plants should be ready to plant out next Autumn.

Seeds: Leave the catalogues open around the house - you never know Father Christmas may take the hint!

Good Gardening and Merry Christmas
Kevin

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HARLING TOWN LANDS
EDUCATIONAL FOUNDATION

I write to draw attention to our Harling Town Lands Trust, Educational Foundation as we wish to encourage requests for financial support from young people who live in Harling.

We have money available as there has been less demand during the pandemic. Hopefully with some degree of normality returning we can help with funding an educational activity or some equipment for those of our young people which the Foundation exists to support. The only requirements for a successful funding application are that the applicant must be resident in the Parish of Harling and must be in need of financial assistance in connection with their educational activities.

We wish to encourage applications for consideration from or on behalf of young people who live in the area covered by Harling Parish Council, from nursery up to the age of 25 who are in education of some form. This might include apprenticeships, post graduate studies, extra-curricular activities taken outside school hours, or evening classes.

The following are examples of areas we would consider but we are open to any ideas of an educational or vocational nature:

- books or on-line learning subscriptions;
- equipment required for practical courses such as art materials, tools for carpentry/plumbing/ metalwork;
- support for children with special needs;
- musical instruments, sports equipment;
- essential IT equipment;
- contributions towards educational study visits, school trips or expeditions, gap year studies.

Please ask any interested students, parents or teaching staff to contact me via the email below, I will then send out an application form.

Best wishes,

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For more information, ring Lee on 07785 908333

Thank you letter to the Editor

I am sure that Sarah would not mind this being published in CONTACT as the most appropriate outlet. We volunteers do like a Thank You and to be appreciated which clearly we are!

Dear Sue,

Thank you to the PCC, you, Juliet, collators and printers, delivery team ~~et al~~ for a return of the print edition of Contact.

I do use a computer but prefer to read and browse information printed on paper. Others do not use computers.

A printed version is accessible to all.

Thank you. Our village is now truly 'connected'.

Sarah Newton

REMEMBRANCE DAY EXHIBITION

On Sunday, 14th November, the Old School Village Hall hosted a display of World War II Memorabilia. This was in lieu of the postponed celebration of VE Day enabled with a grant from Breckland District Council.



The event was attended by approximately 200 people of all ages. It was a fantastic community occasion and an absolute delight to listen to older residents sharing their memories with each other and with the younger generations.



The Hall committee would like to thank all those who shared their "treasures" from the war and set up the displays for everyone to look at. There was so much to see and to also learn about the lows and the highs of that difficult time.



We had a film of Snetterton Air Base too, which generated a great deal of interest.



We were able to serve free refreshments supplied by Peppers, thanks to a grant from Breckland District Council. Community events like this show again what a wonderful Place East Harling is to live in.

East Harling Parish Award

A memorial plaque, in recognition of the work of the community in pulling together during the challenging times of the pandemic was awarded to East Harling village. The wording reads **Live your best, and act your best and think your best today**. Every village and town across Norfolk is to receive one as a permanent reminder of how the community worked together.



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EAST HARLING GARDENING CLUB



We had a very good evening on 9th. November when Laura came to entertain us showing how to make arrangements and to get us in the mood for making decorative arrangements. Once again there was a good number of interested members and guests who came along to support this very worthwhile club and of course to try and win one of the exhibits. Our thanks go to Laura and hopefully we can have her back another time to entertain us with Christmas arrangements.

Once again the Committee would like to thank everyone who turned up, we hope you enjoyed the evening and will continue to support this interesting Club and we can all move forward into the future with plans for holidays, visits etc. We are hoping to arrange a visit to see snowdrops in February - further news later. If you are unsure whether you will enjoy these meetings just come along for one evening, pay your £3.00 and give it a try. Don't forget this Club welcomes gardeners or 'non' gardeners from all nearby villages as well as East Harling.

Visitors for the evening £3.00

Please note **NO MEETING IN DECEMBER**. Our Christmas Lunch at the Nags Head has been arranged for Tuesday 14th. December at 12.30 for 1.00pm sit down. Cost will be £18.00 per person. There are still a few places available so if you would like to come please call Mary on 717193.

EVERYONE WELCOME and KEEP SMILING

Nothing further to say for this year except to wish all our members and other interested readers of this article a



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December 2021

Regular events

(Monthly dates may vary - please check our website)

Wild Tots Every Friday, 10.30am-12noon

Wild Babies Alternate Mondays & Fridays, 1pm-2.15pm

Weekend Wildlife Club For 6-11 year olds
Second Saturday of the month, 10.30am-12.30pm

Young Naturalists For 11-16 year olds
Second Saturday of the month, 1.30pm-3.30pm

Go wild in the week Activity day for home-educated children aged 6-11 years
Fourth Tuesday of the month, 10am-2pm

Guided walk Fourth Monday of the month, 10am-12noon A sociable stroll for adults looking at seasonal wildlife

Time to paint Creative & social session for adults
Last Friday of the month, 10am-2pm

No need to book

December

Adult course: Winter tree ID

Sun 5 Dec, 10am-4pm
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January



Adult course: Needle felted sleeping mouse

Sat 15 Jan, 10am-12.30pm
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Adult course: Fen mosaic hare weekend

Sat 29 & Sun 30 Jan, 10am-4pm
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WALKING THE BRECKLAND WAYS For NHS CHARITIES TOGETHER 2021

We started our mammoth task of walking 500 miles for charity back at the end of January of this year with a 3 mile walk around West Harling Wood. Since then we have covered 430miles with £1,080 donated towards the charity so far. The next few weeks will be our final push towards reaching our targets.



It has been an amazing journey which we have shared with you on our just giving page with Sandra's stunning photos. We have discovered

hidden gems some so close to home yet even the locals hadn't come across them; mapped out and walked The Brecks - not always going to plan - and learnt a great deal of facts and history about this fascinating landscape; experienced the changing seasons and the associated weather conditions and have constantly marvelled at the expansive cloud covered, tree lined skies. Our eyes have been literally opened wide with Sandra's photos to remind us of the places we've been and the flora and fauna we have witnessed. Our ears have been tuned into the sounds of the wildlife, of the wind, rain and a memorable raging storm, of the running water over weirs and along the riverside but above all of the silence. We have crossed open heathland, trudged through flooded roads and footpaths, crossed rivers by conventional means and on occasions more risky, man-made temporary solutions. We have walked the recognised Ways including the Peddars Way, Icknield Way and Harling Drove to name but three. These walks have been anything between 3 and 9 miles, the latter not usually by design but more by taking wrong turnings (too busy talking!) or by deciding to do a little "off piste" exploring.



We have never been far from our many Norfolk churches and we often use these as starting points for our walks and landmarks on the map. With my pre-planned walks taken from my Ordnance Survey App on the iPad and printed off and Sandra's iPhone with the same App we always know where we are. Not quite the same as orienteering but it leaves us stress free to enjoy the day. Back home, at the end of the day, we find ourselves researching historical facts that we have come across, looking up locations we have visited and passing on some of this information and photos to our friends and family especially those who are unable for one reason or another to get out and explore the great outdoors themselves. We have been constantly delighted and encouraged by the kind comments we have received from our viewers and receivers of the photos. A heartfelt thank you to you all.

If you aren't already a regular viewer of our walks you can join us at www.justgiving.com/fundraising/Sandra-Jarvis

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HOW CAN YOU HELP THE HOMELESS THIS CHRISTMAS?

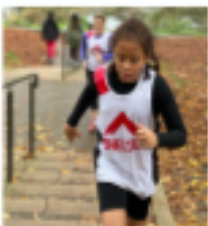

Shelter where you can read updates from throughout 2021 and donate directly to the charity. Your money goes directly to the charity to start making a real difference to lives immediately.

Christmas is fast approaching and lots of people have started their Christmas shopping and are considering if sending cards is covid secure or whether e-versions might be safer. Lots of people suggest donating the Christmas card money they would have spent to charity instead. We have had a few friends/family ask for donations to charity in place of a gift.

If this is something you have been considering, then you might like to scan this QR code on your mobile phone camera, it will take you directly to our just giving page for

Louis (age 11) and I have been running 5km every weekend of 2021, starting straight after new year in floods! It's had its challenges, but nothing compared to the challenges those without the security of a home feel I'm sure. We set ourselves the goal of raising £2021 and with just a handful of runs left to go we are at 92% Please dig deep and help us get that final boost for those who really need it. Merry Christmas and Happy New Year

Love and God Bless The McIntosh family

DIARY DATES 2021

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

DECEMBER 2021

- 1st ~~Bridgton~~ Village Hall Wed Social 11-1pm
4th Community Café East Harling Church 10-12 noon
4th Lantern parade starting at E H Church 4.15pm
4th ~~Christmas~~ Light Switch on and Xmas Market 5.00pm
7th Film Club OSH 7.30pm
8th OSH Coffee Morning 10-12noon OSH
8th-10 E H Church Christmas ~~Tree~~ Decoration
10th E H Church Christmas Tree festival open 4pm-8pm
11th E H Church Christmas Tree festival open 4pm-7pm
12th E H Church Christmas Tree festival open 4pm-7pm
13th - E H Church Christmas ~~Tree Festival~~ open 4pm-7pm
14th E H Church Christmas Tree Festival open 4pm-7pm
15th ~~Bridgton~~ Village Hall Wed Social 11-1pm
16th E H Church Christmas Tree festival open 4pm-7pm
17th E H Church Christmas Tree festival open 4pm - 8pm
18th E H Church Christmas Tree festival open 4pm - 7pm
19th E H Church Christmas Tree festival open after the Carol Service, times to be confirmed
19th ~~Bridgton~~ Church Christingle 11.00am
22nd ~~Laing~~ Church candlelit carol service 7.00pm
24th Christingle and Crib service E H Church 4.00pm

JANUARY 2022

- 1st No Community Café
4th E H Film Club OSH 7.15pm for 7.30pm
5th OSH Coffee Morning OSH 10-12noon OSH
5th ~~Bridgton~~ Village Hall Wed Social 11-1pm
18th E H WI Social Evening OSH All Welcome 7.30pm
19th OSH Sausage & Mash Lunch
19th ~~Bridgton~~ Village Hall Wed Social 11-1pm

FEBRUARY 2022

- 1st E H Film Club OSH 7.15pm for 7.30pm
2nd OSH Coffee Morning 10-12 noon OSH
5th Friends of St Peter & St Paul Coffee Morning
E H Church 10-12noon
15th EH WI Gin tasting evening OSH 7.30pm
16th OSH Soup Lunch OSH

MARCH 2022

- 1st E H Film Club OSH 7.15 for 7.30pm
5th E H Church Community Café 10-12 noon

Contact is published monthly by East Harling Parochial Church Council and. Items for the January PAPER edition should be submitted to the editor by email by 12th December, 2021 at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications. Don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email sue.wall@uwclub.net

TRADE ADVERTISING: contact Juliet Langridge ☎: 01953 714900 or email to JulietL70@outlook.com

Enquiries regarding deliveries and insertion of flyers will not be possible for the time being.

St Peter and St Paul's Church
East Harling

Christmas Tree Festival of Light

Many beautiful trees decorated by local schools, clubs, groups
& businesses on display in the church this December

Friday 10 th	4pm - 7pm
Saturday 11 th	4pm - 7pm
Sunday 12 th	4pm - 7pm
Thursday 16 th	4pm - 7pm
Friday 17 th	4pm - 8pm
Saturday 18 th	4pm - 7pm
Sunday 19 th	4pm - 5.30pm Carol Service 6pm

Come along and see the sparkle

Raffle - with top prize of £150
Donations in aid of the church reef

CONTACT print and publishing team wish all our advertisers, contributors and readers a

*Merry Christmas
and
Happy
New
Year!*

