



FEBRUARY 2022

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# CONTACT

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**EAST HARLING - WEST HARLING - BRIDGHAM -  
ROUDHAM - BRETENHAM - LARLING**

## **VILLAGE NEWS AND EVENTS**

CHURCH SERVICES & NEWS PAGES 3 AND 5

REVD SIMON'S NEWSLETTER SEE PAGE 6

EVENTS SEE PAGES 9 AND 20

GARDENING NOTES - SEE PAGE 10

REPORT ON CHRISTMAS TREE FESTIVAL  
PAGE 13

EAST HARLING NEWS PAGE 14

EVENTS IN BRIDGHAM LARLING &

BRETENHAM - SEE PAGE 18

CONTACT DIARY SEE PAGE 20



14TH FEBRUARY  
VALENTINE'S DAY

17TH—19TH FEBRUARY  
LOVE LIGHT FESTIVAL  
NORWICH

28TH FEBRUARY  
LENT COURSE BEGINS  
(see Page 5)

Also published on line on the following web pages

<https://www.facebook.com/ehssp20/>

<https://bridghamparishcouncil.norfolkparishes.gov.uk/2020/10/09/contact-magazine/> for Bridgham

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for  
Roudham and Larling

<https://www.harlingpc.info/> under the News page.

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# HARLING BENEFICE



Priest in charge: Rev'd Simon Richardson, Tel: 01953 558763  
The Rectory, Church Road, East Harling. NR16 2NB

## East with West Harling, Bridgham with Roudham, Larling and Brettenham

For the time being, all the Church buildings will remain closed apart from Services and the provisions listed below:

**East Harling Church** will be opened for private, individual prayer each  
Monday and Friday 10.00am to 3.00pm  
and **Larling Church** will be open for private, individual prayer every day  
10.00am to 4.00pm

## ~ Welcome to our Services in February 2022 ~

Date	East Harling	Bridgham	Larling	Brettenham
<b>SUNDAY</b> 6 <sup>th</sup> February	11.00 am All Age Service  6.00 pm Soul Café in OSH	11.00 am Holy Communion		
<b>SUNDAY</b> 13 <sup>th</sup> February	9.30 am Holy Communion		11.00 am Holy Communion	
<b>WEDNESDAY</b> 16 <sup>th</sup> February	11.30 am Midweek Communion (see page 5)			
<b>SUNDAY</b> 20 <sup>th</sup> February	9.30 am Holy Communion  6.30 pm Harling Praise (in Methodist Chapel)	11.00 am Service of the Word		
<b>SUNDAY</b> 27 <sup>th</sup> February	9.30 am Holy Communion		11.00 am Morning Prayer	11.00 am Holy Communion

### METHODIST CHAPEL WHITE HART STREET Services in February

6th Feb	Soul Cafe at the Old School Hall	6.00pm
13th	Rev David Ely (Communion service)	6.30pm
20th	Harling Praise at Methodist Church	6.30pm
27th	Mrs Linda Spencer	6.30pm

### Quidenham Carmelite Monastery Chapel (Roman Catholic) Public Worship

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## Parish Records ~ Nothing for February

### THANK YOU

Betty, Jan, Caroline and family

To all our friends in East Harling, Bridgham, Larling and Brettenham for the many cards and messages of love and support to us. Reading the words written in them it was lovely to know that Rod was held in such high regard for such a quiet and modest man. Thank you all so much.  
Betty Wood

### FLOODLIGHTING

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to:  
The ~~Bexd Varle~~ Sheldrake, 12 Kemps Barns,  
~~East Harling~~. NR16 2TS

#### FEBRUARY 2022

- 4<sup>th</sup> **Geraldine FLETCHER:** Remembering you, Mum, on your birthday, Love Joyce, Darrall and Janette xxx.
- 12<sup>th</sup> **Arthur SHELDRAKE:** Joyful memories of our wedding in 1972; today would have been our Golden Anniversary.  
Grateful thanks for all we shared. Varlie xxx
- 16<sup>th</sup> **Alan FLETCHER:** You left us 40 years ago. You are always in our thoughts and we miss you lots. All our love, Mum, Dad and Janette xxx.
- 22<sup>nd</sup> **Peter Stanley BOGGIA:** in our hearts on your birthday and always, Sal, Ann and Sue xxx.
- 27<sup>th</sup> **Edle BARBER:** Remembering you, Mum, on your birthday, Lots of Love, Joyce, Darrall and Janette xxx.

Thank you to all who sponsor the floodlighting of  
East Harling Church

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please). Details of sponsorship are posted in the church porch but can only be recorded in **CONTACT** if requests are received before the 12<sup>th</sup> day of the preceding month.

Thank you to all who sponsor the floodlighting of  
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### LENT COURSE

We will be running a six-week course throughout Lent, using Paula Gooder's book 'The Joy of the Gospel' as a guide. This will run on Mondays through Lent, beginning **Monday 28th February**, at 2pm and 7pm, venues to be confirmed. Please let Simon know as soon as you can, if you wish to take part, at 01953 558763 or [harlingrevd@gmail.com](mailto:harlingrevd@gmail.com) for numbers.

### 2<sup>nd</sup> March - ASH WEDNESDAY

There will be a Liturgy of Ash Wednesday to mark the beginning of Lent at 12.30pm in Garboldisham, and at 7pm in East Harling ... all are welcome to either or both!

### MIDWEEK COMMUNION

Beginning **Wednesday 16th February 2022**, there will be a short service of Holy Communion in St Peter and St Paul's Church at 11.30am every week.



Feel free to bring your lunch with you so that we can share some social time together. Tea and coffee will be provided.



### WOMEN'S WORLD DAY OF PRAYER

"I know the plans I have for you"

2022 is a special year for World Day of Prayer in England, Wales and Northern Ireland. This year, we have prepared the World Day of Prayer service. It has been both challenging and rewarding to write about the three countries that make up our area: our landscape, people and culture all shaped by history. We celebrate our diversity and the contribution made to our countries by the many groups and individuals who have their homes here. We use our Bible text "I know the plans I have for you" from Jeremiah to reflect on some of the issues facing us today: poverty, domestic abuse and disability, finding hope in difficult situations and encouragement in the help we can give to each other.

World Day of Prayer is an international ecumenical organisation which enables women all over the world to share the ideas and concerns of the writing country. Preparation for the day has taken several years. Our International Committee based in New York coordinates the work of National Committees and facilitates the creation of our annual World Day of Prayer service on the first Friday in March. The service outline, created by the writing country, is distributed to the rest of the world, along with Bible reflection, country background and activities.

All this work will come to fruition on Friday 4 March 2022 when services will take place beginning in Samoa and moving on through New Zealand and Australia, across Asia, Africa and Europe and finally the United States and South America before finishing in American Samoa. Across England, Wales and Northern Ireland services will take place in large urban centres, such as Central Hall Westminster, and in remote village churches across the three countries.

St Peter & St Paul's Church East Harling service will be held at 6pm on Friday 4th March 2022

Please come and join us as we gather to celebrate World Day of Prayer.  
For more information contact Jan Francis 718732.





Dear Friends

As I am writing this, it is about two and a half months since I came to East Harling, and it has genuinely been wonderful so far! However, in coming to the village, and being in such a rural situation, and having eight parishes to look after, I knew that I would need some help with thinking about the role and the new context, and so I asked the Diocese if I could have someone wiser and with more experience to give me some help just reflecting on all of that.

I met with this gentleman yesterday for the first time, and it was a very interesting conversation, challenging but inspiring in equal measure. He asked me what I thought my role was, so I shared my thoughts, and what he suggested in reply was that prayer is the primary job of a priest, before any other thing. Clergy have to do all sorts of things, some which they are good at, and many which, frankly, they're no good at whatsoever! But the one essential, and the absolute primary, role is prayer.

This isn't vague, airy-fairy prayer. It is praying for you. I pray in all sorts of ways, at all sorts of times and in all sorts of places. I help others to pray as well. But my role, which I feel renewed in after yesterday's conversation, is praying for you. So here is what I want to offer to you:

- every single day of my time here, I will be praying for the people, communities, events etc. of East Harling, Bridgham, Brettenham, Wretham, Larling, Garboldisham, Blo' Norton and Riddlesworth - and doing this in some detail. This will take more of my time than I've been dedicating up until now, but I think that I agree that it is my main role! So do know that I am praying for you every day.
- as I encounter situations e.g. baptisms, weddings and funerals, experiences of need, and so on, I will be praying specifically for those situations.
- if any one of you ever wants me to pray specifically about something **please contact me at 01953 558763 or come to the Rectory**. I would be genuinely honoured to have the opportunity to pray with and for you.
- if any of you wants to know more about prayer, what it is, how to do it etc. get in touch with me as above. I would be only too delighted to help in any way I can.

I believe that God hears our prayer. Sometimes we see clear evidence of things changing as a result. Sometimes we experience our own lives changing as a result. Sometimes, in all honesty, we pray and pray and pray, and wonder if it will make any difference at all. Woven through all of this experience, over days and weeks, months and years, as I have prayed, I have come to know deep in my being, in my flesh and my bones, as well as my soul, that God walks alongside me, and that this long, ongoing dialogue between us has changed my world, and has changed the world around me. Some of my prayers I'm still waiting on ... but I know by faith that those prayers continue to rest in God's hands.

So please remember, in all things good or bad - there is at least one person who is praying for you! That you can always pray - and if you're not sure how, help is always available. And if you wish to have the prayers of your priest (or any other person you know who prays) - just ask them, for it will be the greatest privilege to say yes.

Yours, friend and priest

*Simon*

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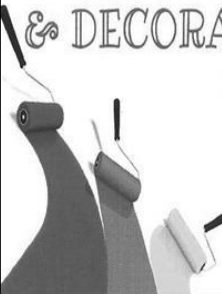
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In Hall behind Methodist Church  
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New term begins February 24<sup>th</sup> 2022

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Ring Maureen on 01953 452727

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10am-12noon on the  
1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month

Next on 7<sup>th</sup> and 21<sup>st</sup> February

In the Hall behind East Harling Methodist Church  
White Hart Street

Bring along any craft you would like to, have a chat,  
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Subject to Covid restrictions!

## THE GARDEN IN FEBRUARY



### **Random February events:**

- 1st - New moon
- 1st - Chinese New Year (Tiger)
- 14th - St Valentine's Day
- 16<sup>th</sup> - Full moon
- 17 -19th Love Light Norwich 5.30 to 10pm.  
(Free light and art festival)  
(lovelightnorwich.co.uk)

---

### **Snowdrops and winter aconites**

If you are lucky enough to have clumps of these split them when they finish flowering and replant to establish new clumps. If not this is a good time to plant them "in the green" - far more successful than planting dry bulbs in the autumn.

**Lawns:** A good month to lay turf so that it has time to root down and establish ready for the summer. (Wait until early April to sow seed when the combination of a little warmth and rain will encourage strong growth).

**Shrubs, trees and deciduous hedges.** Bare root plants are still available at a fraction of the cost of potted ones, and will establish quickly as the soil warms up.

**Hedges:** Cut deciduous hedges hard to promote new growth before birds start building nests.

**Pruning:** Prune bush roses hard to outward facing buds.

**Perennials:** Remove dead material before new shoots begin to grow. Split established plants. Plant new perennials. *Tip* small plants from garden centres establish quicker than larger ones and in a couple of years will be as big as and healthier than large, more expensive ones.

*Tip2* Look around the village – there are several stalls with people selling surplus plants at a fraction of the garden centre prices.

**Dahlias:** Tubers are now available in the garden centres. Unless you want a particular variety that is the best place for them until next month. If you do buy them protect them from frost but don't store in a dry centrally heated room.

**Gladioli:** as dahlias.

**Sweet Peas:** Sow in pots in a cold greenhouse or cold frame. Soak seed overnight (no longer!) before sowing.

**Annuals:** not until next month

**Vegetables:** *Tip* most packets of seeds contain far more than you need. If kept cool and dry, and resealed most seeds will remain viable for several years (not parsnips).

Sow in a heated propagator greenhouse cucumbers and wrinkled peas.

Sow under glass without heat: broad beans, brussels sprouts, cabbage, radishes and salad onions.

Sow outdoors (when ground is not frozen or waterlogged): parsnips, round seeded peas and summer spinach.

Plant early potatoes.

Harvest whatever is ready – remember when the weather warms up many of the overwintered crops like kale and leeks will flower and become only good as compost.

**Trays, Pots and Tubs:** Plastic pots and tubs and trays cause environmental problems when disposed of, and there are now more environmentally friendly alternatives coming onto the market. However if you have plastic pots you can reduce your environmental impact by washing and re-using them. Toilet roll middles and newspaper rolled into tubes can be stood in a tray and used for sowing individual seeds such as peas and sweet peas, then when you plant out plant the whole container (below soil level or it will act as a wick and dry out the area around the roots)

*Good Gardening*

*Kevin*



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## Lunch Club

It is hoped to start up the lunch club again in the Spring, Boris permitting.

We could always use more volunteers to help with the cooking, serving and washing up. It is only once a fortnight, and if we have enough helpers it could be less often than that.

For further information please contact

Kevin Smith (treasurer)

On 07594 286 139

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## Christmas Tree Festival

The Churchwardens, Dorothy & Susan, would like to personally express their sincere and grateful thanks to everyone who kindly and generously participated in the first Christmas Tree Festival in East Harling Church last month.

It was truly amazing, both the imagination and ingenuity, the thought and work involved in the decorations of the trees and above all the community spirit that was in abundance throughout.

The church was transformed into a magical kingdom and was visited and enjoyed by many, both local and beyond, including some who had never been inside the church before.

We had 58 trees in total! We received some wonderful feedback too which was very encouraging, from participants and visitors alike. We'd also like to thank all the stewards who helped us each afternoon/evening through-out.

Thanks also to everyone who donated prizes for the Christmas raffle.

The prize winners were as follows:

1st prize £150 C Day  
2nd prize £100 O Jubb  
3rd prize Christmas Hamper J Mason

We're delighted to say that the total money raised from the raffle & donations towards the Church Roof Repair fund was £1,645.08.

An enormous thank you to everyone for all your support. We couldn't have done it without you! We look forward to holding the event again in December 2022, so keep a lookout in future Contact editions!

Dorothy & Susan



---

## ECUMENICAL WEDNESDAY FELLOWSHIP GROUP 7:30PM

Our weekly Bible Study and Prayer evenings have continued regularly on Zoom. Our current members come from different Christian traditions: C of E, Methodist, Roman Catholic and Independent. You don't even have to attend a church!

Our common understanding is that the way to God is only through Jesus Christ as he is revealed in the Bible. If you'd like to know more about this group or would like to explore your faith, apart from this group, I'd love to hear from you. *Stuart Langridge* ([eaton42a@hotmail.com](mailto:eaton42a@hotmail.com) or 01953 714900)

---

## BIG C AND USED STAMPS

Last year was horrendous for us all and we can only look forward to hopefully brighter times in 2022. Whatever the Covid 19 virus has done, it does not stop the suffering of cancer victims. Those of you who have saved up your used postage stamps for the Norfolk 'BIG C' Cancer Charity over the past few years are sincerely thanked for helping towards raising funds for this worthwhile cause. The charity supports cancer sufferers and their families within Norfolk, so you are truly helping a local charity. Please cut them from the envelopes with a fair margin of paper remaining so as not to damage the stamps. With charity donations suffering through lockdowns, an increasingly cashless society, etc. it is ever more important to get whatever help we can for our local charities.

Collection points have been available over the past few years at East Harling Post Office as well as the village store at Kenninghall, and thanks are expressed to the owners of same for allowing this facility. In the Burwell area Mrs. Margaret Thorburn has kindly offered to receive items at her home, "Garretts", in North Road, Burwell. It is hoped you will be able to continue raising funds through donating your used stamps in the coming year. In addition to shops in Attleborough and Wymondham, 'Big C' also have a charity shop in Diss at Unit D, Victoria Centre, off Victoria Road, IP22 4GA, and this is well worth a visit if you are in the area.

In the event of any difficulty in donating such items, or should you need them collected, please contact Peter Day at 17 Heywood Road, Diss, IP22 4DJ or phone (01379) 643907

---

## 1ST HARLING SCOUT GROUP



We are proud to be at the heart of the community and offer the young people of East Harling and surrounding areas the chance to learn skills for life in a fun and friendly atmosphere. Places available now in Beavers (6-8 years), Cubs (8-10 1/2 years) and Scouts (10 1/2-14 years). First taster session free, so why not give it a try. We are actively looking for new members and adult leaders / volunteers. Without good numbers of each we can't exist and grow. Please contact me if interested or know of anyone who may be. Full training given and commitment can start from as little as an hour per week.

Thank you for your continued support.

Lee Adams,  
Chair 1st Harling Scout Group.

For more information ring 07785 908333



**EAST HARLING W I**



In February, we are hoping to repeat our well received Gin Tasting Evening!! Hopefully, we will have a few new flavours to taste.

We are also contemplating having a go at making our own gin! Please bring a small sterilised glass bottle, and we will supply the bathtub!!

All are welcome and there is no obligation to join, just a chance to meet new people and mingle. All raffle prizes are greatly welcomed.

East Harling WI meet on the third Tuesday of each month, in the Old School Hall, and meetings start at 7.30pm.

If you have any queries and would like any information please ring me, Jackie Underwood on 07725 126115.

**HARLING 10K RACE**

This year's 10 k, Covid permitting, will take place again on **Sunday July 24 race start 10.30 am.**

If you have helped us before in any way we would really like your help again, nothing we hope will have changed so everything should be as before Covid,(if it ain't broke don't fix it.)

Registration for runners will all be online at Total race timing, just follow the link.

More race updates will follow in the coming months so watch this space.

Let's have another great day, and thanks everyone.  
*Harling 10 k committee.*

**An amusing quotation thanks to Alan Fitch**

Women are for ever complaining that Men, unlike women, are unable to multi-task. This is not true, Men can multi-task - They can listen, ignore and forget all at the same time!

**Funnies for Lockdown and Beyond**

I've gained so much weight during lockdown my bathroom scale is telling me that it can only weigh one person at a time! – and

My husband purchased a world map and then gave me a dart and said, "Throw this and wherever it lands—that's where I'm taking you when this pandemic ends." Turns out, we're spending two weeks behind the fridge.

**FELINE CARE**   
rescue sanctuary advice rehoming

We would like to say a massive thank you for all the donations we have received over the last few months. Although Christmas has now passed, if anyone would like to donate a present to our cats here at Feline Care they will always be gratefully received.

Donations can either be dropped off at our Centre or purchased via our Amazon Wish list.

Sadly the recycling scheme through Terracycle has now ended meaning we are no longer collecting crisp and biscuit packets, cat/dog food pouches, Tassimo pods and oral care items. We can still accept printer cartridges, mobile phones, old coins and rags.

Please see our website [www.felinecare.org.uk](http://www.felinecare.org.uk) for more information on recycling and a link to our Amazon Wish list:

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**COMMENT ON FUNNY STORIES AND JOKES**

Humour is an essential coping tool for surviving tough times. Shared laughter gives us strength in adversity and can help us feel a bit more in control when the future looks uncertain. And laughter literally makes us stronger. Recent studies have found that a good laugh can boost our dopamine levels and even shore up our immune systems. So while funny jokes — even coronavirus and quarantine jokes — might feel gratuitous in the face of today's world, they can actually do a lot of good.

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## SAINT VALENTINE – WHO WAS HE?



St. Valentine, (died 3rd century, Rome; feast day February 14), name of one or two legendary

Christian martyrs whose lives seem to be historically based. Although the Roman Catholic Church continues to recognize St. Valentine as a saint of the church, he was removed from the General Roman Calendar in 1969 because of the lack of reliable information about him. He is the patron saint of lovers, epileptics, and beekeepers.

By some accounts, St. Valentine was a Roman priest and physician who suffered martyrdom during the persecution of Christians by the emperor Claudius II Gothicus about 270. He was buried on the Via Flaminia, and Pope Julius I reportedly built a basilica over his grave. Other narratives identify him as the bishop of Terni, Italy, who was martyred, apparently also in Rome, and whose relics were later taken to Terni. It is possible these are different versions of the same original account and refer to only one person.



According to legend, St. Valentine signed a letter "from your Valentine" to his jailer's daughter, whom he had befriended and healed from blindness. Another common legend states that he defied the emperor's orders and secretly

married couples to spare the husbands from war. Valentine's Day as a lovers' festival dates at least from the 14th century. See Valentine's day recipe for Lemon Biscuits on page 20.

## RSPB REPORT ON THE RECENT OUTBREAK OF AVIAN FLU

Avian Flu, or bird flu, is an infectious disease which spreads from bird to bird through contact with infected saliva and droppings. There have been a number of outbreaks of Avian Flu in the UK in recent years, but the vast majority have been in domestic poultry farms.

This current outbreak at RSPB Mersehead is unprecedented – the largest ever in the UK,

with more than 4,000 birds having died already. The majority are barnacle geese on the Solway Firth. These geese, which migrate from Svalbard in arctic Norway, have been seen falling from the sky in distress and lines of dead birds have washed up on beaches.

The deaths of the barnacle geese are estimated to be 10% of the total global population. Although most of the cases have been barnacle geese, other species have been affected and there are concerns the disease could spread.

To help prevent the spread of the disease into the wild small garden bird population, good hygiene is key. Cleaning bird feeders and feeding stations weekly, and changing bird drinking and bathing water regularly can make a big difference.

Cleaning out feeders at least every few weeks, but ideally once a week if possible. It does not take very long and we recommend using an animal safe disinfectant. You can use a weak solution of domestic bleach as an alternative. Also, clean out the bird bath if you have one, and clean any space where birds congregate, this will help them to stay healthy. If you can also provide them with clean water every day particularly in icy or very hot weather.

Don't overfill feeders – try and make sure they are being emptied every few days and if possible, set up several different feeding stations to reduce the number of birds in one place. Move your feeders, to prevent the build up of bird food and droppings potentially contaminating the ground below.

Avoid putting feeders under where birds roost, such as under trees, to avoid droppings. If possible clean away any old food or droppings from beneath feeders too.

If you find dead wild waterfowl (swans, geese or ducks) or other dead wild birds, such as gulls or birds of prey, you should report them to the Defra helpline (03459 33 55 77). Do not touch or pick up any dead or visibly sick birds that you find.



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## A Parade of 200 silk flags mark The Queen's Platinum Jubilee

River of Hope is an arts-based learning project linking schools around the world through the study of rivers. In 2022, River of Hope forms a central part of The Queen's Platinum Jubilee celebrations. The Queen has always shown a great love and respect for the natural environment. It is hoped that this project will encourage young people around the world to think about the importance of safeguarding the future of their own natural environment. The focus for designs is "Hope for the future" with a spotlight on the environment and protecting the planet.

Interested schools receive packs which encourage the use of art to teach environmental themes. The packs provided take teachers through a step-by-step guide to creating an imaginative piece of artwork, with their students, using art and design skills and utilising either natural or recycled materials, while encouraging young people to think about their hopes and aspirations for the next 70 years. Two hundred of the artworks created will be printed onto silk flags and will be processed as part of The Queen's Platinum Jubilee Pageant. In addition, there will be an online gallery on the below website to display all the artworks entered from around the world.

It is intended that these 200 silk flags will then be carried together to produce a river effect, flowing through the streets of central London and paraded along the Mall as a 'River of Hope' as the Platinum Pageant comes to a close outside Buckingham Palace. The winning designs will also be digitised to be shown on big screens around the UK as part of the Jubilee celebrations. They will be a focal point of the Pageant which will see thousands of performers tell the story of The Queen's reign through art, music and theatre. The celebrations will involve people from across the UK and the Commonwealth.

There is much more information on the web site <https://thamesfestivaltrust.org/river-of-hope/> and it makes for fascinating reading!

*Thanks to the Thames Festival Trust, Editor*

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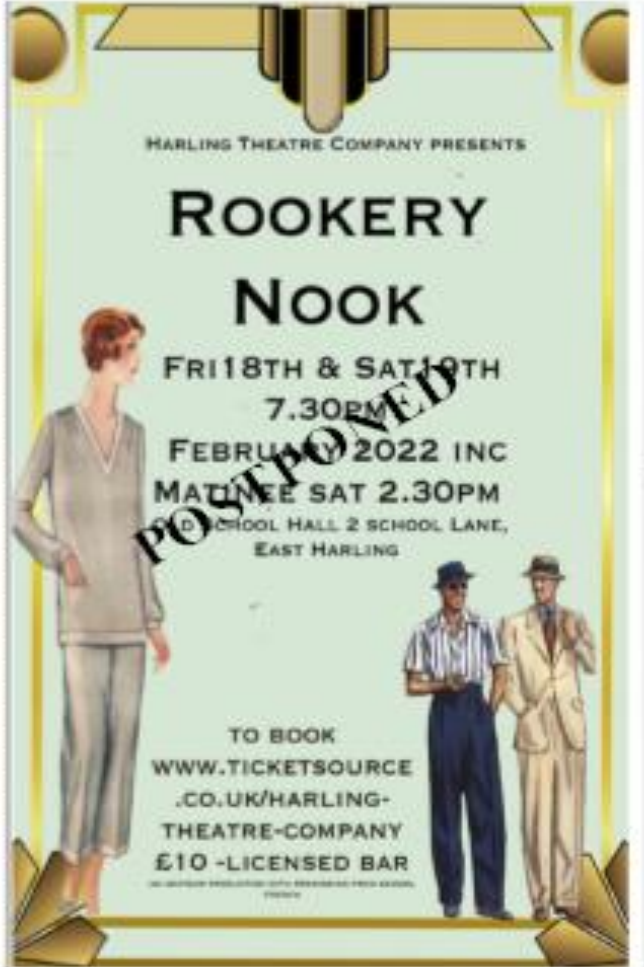
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## DIARY DATES 2022

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

### FEBRUARY 2022

- 1<sup>st</sup> E H Film Club OSH 7.15pm for 7.30pm  
2<sup>nd</sup> OSH Coffee Morning 10-12 noon OSH  
5<sup>th</sup> Friends of St Peter & St Paul Church Coffee Morning  
E H Church 10-12noon  
8<sup>th</sup> E H Gardening Club OSH 7.30pm  
9<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm  
15<sup>th</sup> EH WI Gin tasting evening all welcome OSH 7.30pm  
16<sup>th</sup> OSH Soup Lunch OSH  
22<sup>nd</sup> E H Parish Council OSH 7.30pm  
23<sup>rd</sup> Bridgham Village Hall Wed Social 11-1pm  
24<sup>th</sup> Flower arranging Club EH Methodist Hall 10-12noon  
24<sup>th</sup> Bridgham Church Coffee Morning 10-12 noon

### MARCH 2022

- 1<sup>st</sup> E H Film Club OSH 7.15 for 7.30pm  
5<sup>th</sup> E H Church Community Café 10-12 noon  
8<sup>th</sup> E H Gardening Club OSH 7.0pm  
9<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm  
15<sup>th</sup> E H WI OSH 7.30pm  
22<sup>nd</sup> E H Parish Council OSH 7.30pm  
23<sup>rd</sup> Bridgham Village Hall Wed Social 11-1pm  
26<sup>th</sup> Bridgham Church Coffee Morning 10-12noon

Please Note all the above dates are subject to change or cancellation due to Government guidelines regarding Covid 19 so please check with the organisation concerned before attending any function.

Contact is published monthly by East Harling Parochial Church Council and. items for the March PAPER edition should be submitted to the editor by email by

12<sup>th</sup> February 2022 at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications. Don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email [sue.wall@uwclub.net](mailto:sue.wall@uwclub.net)

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**SATURDAY 5th March**

**come and join us!**

**East Harling Church 10am-12.00 noon**

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes and browse the second hand book stall.

**Everyone Welcome!**

### Valentine's Day Lemon Biscuits



#### **Ingredients**

- 200g soft butter
- 140g caster sugar
- 1 egg yolk
- 1 tsp vanilla extract
- Zest 2 lemons, juice 1
- 280g plain flour, plus a little extra for rolling
- ½ jar good lemon curd
- 140g icing sugar sifted

#### **Method**

Stir together the butter, sugar, egg yolk, vanilla and zest from 1 lemon using a wooden spoon. Stir in the flour – you might need to get your hands in at the end. Tip onto a floured surface, bring together into a smooth dough, then roll out, half at a time, and stamp out 5-8cm rounds. Keep re-rolling trimmings, you should get about 40 biscuits. Arrange on trays lined with baking parchment, cover with cling film and chill for 30 mins.

Heat oven to 200C/180C fan/gas 6. Bake the biscuits for 8-12 mins until pale golden, then cool. Once cool, spread half the biscuits with a little lemon curd and top with a second biscuit. Arrange the biscuits on wire racks over trays. Mix enough lemon juice into the icing sugar to give a runny consistency, then drizzle over the biscuits. Scatter over a bit more lemon zest and leave to set.