



MARCH 2026

CONTACT

EAST HARLING - WEST HARLING - BRIDGHAM - ROUDHAM -
BRETENHAM - LARLING - RUSHFORD

VILLAGE NEWS AND EVENTS

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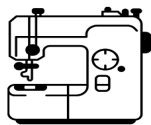
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Priest in charge: *Benefice in Vacancy*

Assistant Priest: Revd Lynn Fry Tel: 07554930054, Email: lynnandtony@outlook.com

Welcome to our Services in March 2026

	Sunday 1st March Lent 2	Sunday 8th March Lent 3	Sunday 15th March Lent 4	Sunday 22nd March Lent 5	Sunday 29th March Palm Sunday
East Harling	11:00am All Age 6.00pm Soul Café in the O S Hall	11.00am Benefice Service	9.30am Holy Communion	09:30am Holy Communion	
Garbold- isham	09:30am Holy Communion		11.00 am Service of the Word	09:30am Holy Communion	
Wretham	09:30am Service of the word		9.30am Holy Communion		
Bridgham	11:00am Holy Communion		11.00am Service of the Word		
Larling				11.00am Service of the word	
Shropham			9.30 am Holy Communion		
Brettenham					11.00am Benefice Service for Palm Sunday
Riddles- worth				06.30pm BCP Evensong	



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~ Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 ~~Hamblings~~ Piece, East Harling. NR16 2PZ

February 2026

4th Geraldine Fletcher, remembering you on your birthday. Lots of love Joyce, ~~Darrall~~ and Janette xxx.

16th Alan Fletcher, you left us 44 years ago. You are always in our thoughts and we miss you lots. All our love, Mum, Dad and Janette xxx.

22nd Peter Stanley ~~Boggia~~, thinking of you Dad on what would have been your 90th birthday x with love Sal and Les.

27th Remembering you Mum on your birthday. We miss you lots. All our love, Joyce, ~~Darrall~~ and Janette xxx.

March 2026

19th In loving memory of a dear ~~sister~~ Lesley sadly missed, love Janice, Paul and all the family.

20th Treasured memories of our Dear Dad, Eric Holden taken from us on 28.03.21. Loving you and missing you always, Sue and Billy.

Please make sure your requests are clearly written. Donation of minimum £5/night should be enclosed (cheques payable to East Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church

METHODIST CHAPEL WHITE HART STREET

Methodist Services in March 2026

1st 10.30am Local Arrangement
6pm Soul Cafe at Old School Hall
8th 6.30pm Mrs Sarah Hawes
15th 10.30am Rev David Ely
6.30pm Harling Praise
22nd 6.30pm Mrs Jane Mottram
29th 6.30pm Rev David ~~McAloon~~

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with thoughts toward Holy week

**Tues 24th March
7.30pm**

At East Harling Methodist Church
White Hart Street
Followed by Light Refreshments



EASTER LILLIES



As part of our Easter celebrations we are planning to decorate East Harling Church with lilies. As in previous years if you would like to donate a lily or lilies in memory of a loved one please let Chris Tagg know as soon as possible.

Please provide in writing the details of the donor, the name of the loved one to be remembered and enclose your donation either in cash or by cheque payable to East Harling PCC. Unfortunately due to increased prices of wholesale florists the cost of one lily is now £7.00.

Last day for ordering is 25th March 2026

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E Harling Church Coffee Morning

7th March 2026.

10.00 to 12.00

All Welcome

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March Coffee Morning

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East Harling Methodist Church
White Hart Street

11.30am Tues 17th March

Theme: Parables of Jesus

Benefice News

Rev'd Caryll reflects on Lent: A Season to Notice, Reflect, and Renew

As March arrives, we have stepped quietly into the season of Lent — the weeks that lead us towards Easter. Traditionally, Lent has been a time for Christians to pause, reflect, and prepare spiritually for the celebration of Easter, remembering Jesus' forty days in the wilderness. It has often been marked by giving something up, by prayer, generosity, and thoughtful self-examination.



Yet even beyond church circles, Lent still seems to touch something deeper in many people. Perhaps it coincides naturally with this turning point in the year. The long darkness of winter begins to lift; shoots appear in hedgerows, lambs return to the fields, and the light lasts a little longer each evening. Whether we think of it in explicitly religious terms or not, this season invites us to slow down and notice what is changing both around us and within us.

For Christians, Lent is not meant to be gloomy or joyless. Rather, it is about making space — space to rediscover what truly matters. Giving something up is not an exercise in denial for its own sake; it can help us focus, reset habits, and remember our dependence on God and one another. Many people today broaden this idea: taking a break from constant screen time, choosing kindness over criticism, spending time volunteering, or simply becoming more attentive to daily blessings.

In our rural communities especially, we are surrounded by reminders of renewal. Fields, wildlife, big skies, ancient trees, and changing seasons all speak quietly of creation's resilience and beauty.

Some of our churches are now recognized as eco churches, reflecting a growing commitment to care for the environment as part of our faith. This isn't just a policy or a badge; it is a spiritual calling. If the world is indeed God's creation, then cherishing it is an act of gratitude and responsibility.



Lent can therefore also be a time to consider how we live on this earth. Small steps — reducing waste, supporting local produce, walking more, planting for pollinators — may seem modest, yet collectively they nurture hope. They remind us that faith is lived not only in church buildings but in everyday choices.

At its heart, Lent leads us towards Easter, the great Christian festival of hope. The Easter story tells of life emerging from loss, light overcoming darkness, and love proving stronger than fear. Even for those who view it more symbolically, Easter carries a powerful message: renewal is possible. New beginnings happen. What seems dormant can flourish again. Perhaps the invitation this Lent is simple. Notice the world around you. Savour the lengthening days. Take a little time for reflection, gratitude, or stillness. Reach out to someone who may feel isolated. Care gently for the corner of creation entrusted to you.

However you mark the season — through faith, through nature, or simply through attentiveness to life's quieter rhythms — may these weeks bring a sense of renewal, and may Easter find us all a little more hopeful, grounded, and aware of the wonder that surrounds us.

Every Blessing
Caryll

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FOCUS ON THE SWAN

It is 7 years on the 28th of this month since we moved into The Swan. On the one hand it feels like only yesterday that I drove past and saw the sign that would change our lives and yet on the other as if we have been here a lifetime. We started as managers of a wet pub and within a year became tenants and built ourselves a reputation for cooking home style pub food.

Swanday Roast, Pie night, Pizza night and Buckets have all added to our reputation. As has the Takeaway service, we would not have survived 2020 without Sunday Roast in a box. Something we still offer to this day, along with everything we make, we can deliver.

Our menus are on our Facebook page but if you need one popping through your letter box let us know.

It has not been without its challenges, pub life is hard and becoming ever harder, so many pubs shutting down is terrifying. Costs have risen across the board and they cut deep, but they have also risen for everybody. Less disposable income leads to fewer people having evenings in the pub and meals out. Late night opening has given way to having to call last orders to an empty bar after 10 pm unless there is an event on. Keep an eye out for the revamped boards for what is upcoming.

2026 has already started with changes: 1. Sunday evenings with a different focus each week promoting a warm and welcoming lounge environment for individuals or couples that may not enjoy a more traditional pub evening.

2. In Feb we opened The Old Coaching Inn Café. With Lavender Lattes and Truly Scrumptious both, sadly, closing down it suddenly felt like the right time to bring a café back to East Harling.

All-day Breakfast (that is all day!) in 3 sizes, breakfast Bap, Bacon or Sausage, even both, in a roll, Eggs Benedict, Jacket Potatoes, Paninis and Baguettes, soup and a roll, as well as lighter bites, sausage roll, scones, cakes and biscuits. To be enjoyed with a pot of tea, with tea leaves and a strainer, Filter or Cafetiere coffee, Lattes, Capachino's or hot chocolate of many varieties. All with a delivery service.

We can still do buffets in The Swan or at your chosen venue. The bar is still a bar in the evenings; it can also serve drinks in the café after 11am. We still love putting on events and bands. We love our pub and are doing everything we can to not join the ever-growing statistic of closed pubs. So if you have an idea for something we can host let us know.

Thank you for your support for the past 7 years, we look forward to serving you for many more.

Dave, Jess and the Swan team

KNIT AND KNATTER



Thursday 26th March 2026

9.30 to 11am

Change of Venue:

By Kind invitation:

12 The Bailiwick, East Harling

Please contact Karen 07818063844 if you require any information.

All are welcome – no need to knit, come to knatter!

EAST HARLING GARDENING CLUB

We had another well attended meeting in February. Our chairman stepped in at the last minute and gave an interesting talk on lavender – its place in history its properties, its modern day uses and its cultivation and propagation. We rounded it off with lemon and lavender buns and lavender shortbread!

March is our AGM and a social with wine and nibbles.

The last table competition of the season will be a plate of shortbread to [be judged](#) then shared with the members, and the total points for the year will [be totted](#) up and a prize awarded.

Our new year starts on 1 April and we have some really good speakers and events lined up including a trip to the largest wholesale rose grower in the country (members only).

We have arranged a trip to Hyde Hall in August, (open to non members –more details next month), and a trip to the Cromer Christmas End of the Pier show. We meet at 7.30 on the second Tuesday of the month in the Old School Hall. Membership is just £12 for the year starting 1 April – we would

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THE GARDEN IN MARCH

Birds: March is the beginning of the main breeding season. Leave out materials such as wool, fresh straw, animal hair etc. as nesting material. Keep a water source topped up for them.

Lawns: Walk on as little as possible until they become less waterlogged. When they are reasonably dry rake to get rid of moss and dead grass. Once the grass on established lawns starts to grow begin cutting it. Set the blades high for the first few cuts. If you laid a new turf lawn last month watch the weather and water if necessary. This month is still good for laying turf. If you intend to sow a new lawn start getting the ground ready. Hoe to remove any weeds and rake several times during March with a view to sowing mid-April.

Patios: Scrub to get rid of dirt, moss and weeds which are not only unsightly, but can make them slippery.

Pruning: Prune hardy fuchsias, buddleias and finish pruning roses. At the end of the month cut back old wood on shrubs grown for the winter colour of their stems such as dogwood (cornus).

Deadhead: daffodils and other bulbs to encourage bulb production for next year.

Perennials: Clean up perennials and finish removing any dead or diseased material. There is still time to split established plants and to plant new ones.

Tip: Don't forget Gardening club Plant sale in May.

Gladioli: Plant 4 to 6 inches (10 – 15 cms) deep.

Tip: If you plant a few every couple of weeks until end of June the flower over a much longer period.

Dahlias: Plant tubers in pots or trays in a frost-free, well lit room or greenhouse. They don't need heat. They can also be sown from seed in a warm place from the middle of the month.

Begonias: Gently push begonia tubers into pots or trays of damp compost with the hollow side up. Keep in frost-free, bright and warm conditions to encourage new growth.

Annuals: Hardy annuals can be sown outside now. Half-hardy annuals can be sown on a windowsill or in a greenhouse, protected from frost, from the middle of March. Watch the weather forecasts, we will have every sort of weather this month. On warm days ventilate your greenhouse.

Vegetables: **Tip:** most packets of seed contain far more than you need. If kept sealed, cool and dry most seeds will remain viable for several years (not parsnips). **Tip:** If you sow 100 lettuce seeds all at once they will all need pricking out at once and will all be ready over a 3-4 week period, Sow a few at 2-week intervals. Sow peppers and chillis on a warm windowsill or in a heated greenhouse.

Sow under glass without heat: Brussels sprouts, cabbage, cauliflowers leeks and peas, and in late March tomatoes

Plant early potatoes.

Plant onion sets so that their tips are just showing above the soil surface. Plant about 4 inches apart in rows about 1 foot apart.

When weed seedlings start to appear is time to sow parsnips, beetroot, broad beans, radishes and early

Carrots in the ground (weed growth indicates the ground is warm enough). Harvest whatever is ready. Remember that when the temperature warms up many overwintered crops like kale and leeks will flower and only be good for the compost heap.

Fruit: Plant out strawberries. Plant in a sunny spot 15 inches apart. They also grow well in pots and tubs. It's the last month for planting bare root trees and bushes. Look out for bargains in the garden centres.

Herbs: Split established clumps of chives, mint and French tarragon.

Compost: When buying try to avoid ones containing coir (basically the hair from coconuts). When comparing prices bear in mind that the large bags are generally in 40 or 50 litre bags, and often at similar prices

Pots and Tubs: March is a little early for annuals, but you can start them inside and plant them into the tubs later.

General: On warm dry days hoe off annual weeds in beds and borders as they start to appear.

Good Gardening

Kevin

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GARY CLARKE, OUR BRILLIANT POSTMAN FOR 37 YEARS, IS TO RETIRE.

Retirement notice -----from Gary.

I am 61 years old - 37 years working for Royal Mail as a frontline postman in East Harling. Married to Marion for 30 years.

My last day at work will be Saturday 28th March.

It was a difficult decision to make. I will miss my colleagues Tim, Ryan, Steve and Joshwe are the best teamI will miss Ruth, Daisy and Jacob from the Post Office too. I will miss the good people of East Harling. It would be great to say goodbye and shake a few hands before I go. I will enjoy having a lay in and not walking around the village getting wet on those rainy days. I am planning a few adventures with my wife and walking our dog.

SOME FURTHER MEMORIES:-

I started under the guidance of Peter Boggia and Bryan Beales , they taught me so much about the job and life in general I looked up to them both. On quite a few occasions Bryan would cycle past my house in Garlondes and wake me up for work if my light wasn't on. I remember Peter telling me, as late as the early 1970's that ALL of the rounds in Harling were cycle duties, which meant that deliveries for Larling and Snetterton required the Postperson to cycle over the A11. I'm guessing the A11 in the early 70's, before the by-pass, was much different than today! Large parcels were delivered by a visiting Morris minor van from Attleborough. By the time I started in 1989 the village was still served by bicycles (the original green machine) but 2 Vauxhall combos then served the Snetterton and Bridgham rounds and a large Leyland Sherpa van covered the Kenninghall round . The Sherpa doubled as the feeder van bringing the Mail to Harling from Wymondham and, amusingly, money for the Post Office safe would sit on the front seat! ...No security van and helmets back then! With the rise in online shopping we all now have a van each.

Harling has always had unusual characters none more so than Audrey HutsonI remember trying unsuccessfully to withdraw money from the Harling Barclays Bank where the staff didn't know me Audrey soon intervened and told them I was her postman--and the money was handed over on her say so!

If I ever got a letter addressed to '**Audrey - East Harling**' I knew it would be for her! One afternoon Audrey was laying cement to make a front porch (she said it was to fill rubbish with). She came running after me with a plank of wood shouting "*Gary I need a man to Tamper with*". She had a great sense of humour. On one occasion, Gary Baker, the Post Master at Harling post office, walked down Fen Lane and noticed Audrey's porch she had built. On Audrey's next visit to the Post Office Gary said to her, in his broad South African accent, "*Audrey your house is getting bigger and bigger!*". Unfortunately between Gary's accent and Audrey not hearing him properly, she thought he said "*Audrey your arse is getting bigger and bigger!*" to which she informed him she was on a diet!

Gary---we can't believe you're leaving us.

We will be really sorry not to see our well-loved POSTIE anymore. We will all miss him - treading the streets of Harling making his way up our pathways to our letter boxes in his designer (??) P.O. issue shorts in all weathers. Always with a smile on his face, Gary was forever ready with a joke or two to cheer us up.

Gary---our 'Postie', reliable, always willing to help anyone, to take mail for re-posting from any of his customers who couldn't get to the post-box, to keep an eye on the elderly or infirm, to shift your bin back to the door. Always willing to go that 'extra'mile'. Gary. We will miss you. You were more than a 'Postman'. THANK YOU for your 37 years of service and friendship.

THE MAKING OF THE CALENDAR GIRLS CALENDAR by Sharon Gaffney

This is the story of how the Calendar Girls calendar came into being.

It all began last summer after announcing we would be performing "Calendar Girls" the play. Someone suggested creating a real calendar, inspired by the legendary Yorkshire WI "Calendar Girls" of 1999. The idea sparked instant excitement---seventeen women volunteered straight away. This calendar wasn't just a fun escapade---it was deeply personal for everyone involved. Each woman had been touched in some way by cancer, that dreadful and indiscriminate disease. The story of the original Knapeley WI women resonated with them, stirring memories of their own struggles and triumphs. When they read the script for the play, it struck a chord, and they knew it was the perfect fit for Harling Theatre company.



To start with they gathered together in a golden sunflower field, and a few other secluded spots, to bare all in the name of charity. Some scenes echoing those in the play simply had to be included ,---marmalade making, knitting, 'bigger buns', flower arranging, at a coffee morning, piano playing and a festive Christmas setting. Then, with a dash of creativity, carefully choreographed to project just enough modesty to spark laughter and maybe even a surprised gasp or two, they imagined new ways to capture their spirit with each shot; hoping their calendar would spread joy and laughter, and raise vital funds for charity.

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On that first day of the photo shoot many of the women met for the first time in the sunflower field. Despite being strangers, the group quickly bonded, sharing stories and laughter as they posed amongst the blooms. By the end, everyone agreed the adventure had been liberating, and the new friendships they'd forged were just as precious as the photos themselves.

And so, all profits raised by the calendar will go to the local Big C Cancer Charity. Thanks to generous sponsorship, much of the printing costs are already covered—meaning more money can directly help those in need.

If you would like to support us and buy a copy, calendars can be pre-ordered using the details below. Each calendar is just £10, and there are plenty of ways to purchase one including multi-buy options.

For more details, visit www.harlingtheatre.co.uk or email info@harlingtheatre.co.uk or telephone 07729 777077.



'IT'S HARD TO BE GREEN!' (Kermit the Frog)

I write this as February draws to a close – a month I shall be glad to see the back of. In some parts of the country it has rained every single day this year. Even here, in East Anglia – one of the driest counties- it has felt very wet. More than 100 flood warnings are in place across the country with more rain still to come. Devastating floods have hit Spain and Portugal and farmers across Somerset are looking at ruined flooded crops.

Scientists think that fossil fuel pollution is helping weather patterns get stuck for longer periods over the same area. Global warming intensifies the problem as warmer air holds more water. Climate scientists are warning that we should get used to wetter winters and drier summers.

While we may not be experiencing floods and droughts ourselves, climate change is a mental health stressor. You may have heard the phrase eco anxiety or climate grief.

Most crises have a beginning and an end but climate change will always be evolving from now on and we need to imagine a different way of living for ourselves and our children. Eco anxiety is an emerging mental health problem more so among our young people. We might feel sadness or anger or hopelessness in response to what is happening in the world or in the small changes we notice in the natural world around us. And then there is how we feel about those with power to make change. We might be overwhelmed by the powerlessness we feel and choose to ignore it.

Here are 4 things you can do for yourselves and to talk about with the young people in your life: Spend time in nature – walk in the park or the woods, hang out in your garden listening to the birds to help you feel grounded and connected to the environment.

Think about small things you can do to reduce your own carbon footprint – small actions accumulate into significant change – to make you feel you are part of the solution..

Find other people who love the environment – some local suggestions – Norfolk Wildlife Trust –visit their web site to see more

<https://www.norfolkwildlifetrust.org.uk/>.

Visit an RSPB (Royal Society for the Protection of Birds) site such as Lakenheath – take part in some of the RSPB action campaigns – see more at their web site

<https://www.rspb.org.uk/helping-nature/what-you-can-do/inspiring-young-people-to-take-action-for-nature>.

East Harling's Community Garden or the Gardening Club – to help you feel connected to others.

Use your voice – think about how you vote and tell them why, think about where you spend and save your money, sign petitions - to make you feel part of a collective action.

Then most importantly, think positively about the things you are doing and tell others what you have done. Spring is on the way! Get outside!

Lynn, Eco Church Team

Letter from the Office of Terry Jermy our local MP

Recently in Parliament, I took part in a road safety debate, where I highlighted the alarming rise in road incidents in Norfolk, with the number of people killed or seriously injured on our roads, increasing from 470 in 2023/24 to 555 in 2024/5 – the largest rise anywhere in the country. Across the UK, ten times as many people die on rural roads than on motorways. These statistics should shock us all. They are harrowing numbers, and each incident is a life lost or changed forever.

This is why I greatly welcome the Government's recently published Road Safety Strategy. This strategy – the first in ten years – aims to reduce the number of people killed or seriously injured on our roads. As a rural MP, I have called for horse rider safety to feature in the strategy. Just last month, I took part in a Westminster Hall debate on horse rider safety, where I urged the Government to provide ring-fenced support for horse rider safety campaigns and for local authorities to properly maintain bridleways so that the important rural activity of horse riding can be safely continued.

In that debate, I raised the case of Susi Rogers-Hartley – a South West Norfolk horse rider, military veteran and the first person to represent Great Britain in the Paralympics at Show Jumping. Ms Rogers-Hartley attended one of my constituency advice surgeries in Swaffham to share her dangerous experiences of horse riding on South West Norfolk's roads, which resulted in Susi sustaining awful injuries and the tragic death of her horse.

Continued on page 18

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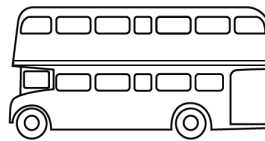
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Continued from page 14

Sadly, Susi's story is not an exception. In a recent meeting I had with the British Horse Society, we discussed the statistics that have been registered for South West Norfolk since 2021 – 58 incidents with 7 people and 4 horses injured.

However, many incidents also go entirely unregistered. Horse riders tell me often there is little to no enforcement for accidents involving horse riders. The police often do not want to act on it, and the law does not sufficiently recognise the severity of the incident, or the impact an accident may have.

Growing up in the constituency, I remember routinely seeing people riding a horse on the lanes. It is something we see far less often now, and concerns for safety are a big reason for this. As cars have gotten bigger and faster, and as people have become less respectful of country roads, other users have been pushed out – whether that be walkers, cyclists or horse riders.

Another key aspect of road safety is road maintenance, and sadly, following years of austerity and cuts to local council budgets, many of our roads and bridleways have fallen into a state of disrepair, resulting in more dangerous conditions.

The road safety charity, Brake, believes that rural roads are the most dangerous roads due to a lack of cycle lanes, pavements or bridleways. Many rural roads are narrow, with blind bends and limited safe places to pass. This is why I was so pleased to see the Government recently announce £280 million in funding for Norfolk County Council – the biggest-ever investment - to fix our broken roads.

We urgently need to change the direction of travel on road safety in Norfolk, and I hope the Government's new strategy, backed by the necessary funding, will bring about the change we seek.

Terry Jermy MP

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DIARY DATES 2026 for fundraising events, outings etc. in the parishes in the Harling United Benefice.

Full details appear in the magazine pages

A note on short forms for Venues for some events

1. EHSSC is East Harling Sports and Social Club (opposite E Harling Church on Church Road)
 2. OSH is Old School Hall in Harling on School Lane
 3. Feline Care is on Roudham road
 4. BVH is Bridgham Village Hall
- =====

MARCH 2026

- 1st EHSSC Indoor Boot Sale 10-1pm
2nd Film Night OSH 7.15 for 7.30pm
3rd Film Night OSH 7.15 for 7.30pm
4th Bridgham V Hall Wednesday social 11-1pm
4th OSH Coffee morning 10-12
6th St Johns Church Garboldisham World Day of Prayer Service at 2.30pm all welcome
7th E Harling Church Community Café 10-12 hosted by the Friends of E Harling Church with Chocolate Tombola
7th OSH RACE NIGHT for SARAID 7.00 to 11pm
7th Feline Care popup shop 10-1pm NR16 2QN
7th EHSSC Open mike night hosted by Mike and 8.00pm
9th OSH Hub 10-12 Exercise class 12 to 1pm
10th Gardening Club OSH 7.30pm
12th EHSSC Harling Camera Club Rudd Room 7pm
13th EHSSC Bingo – eyes down 7.30pm
16th OSH Hub 10-12 - Exercise class 12-1pm
18th OSH Lunch in OSH for 12.00
18th Bridgham V Hall Wednesday Social 11-1pm
19/20th Harling Theatre Group Calendar Girls 7.30pm
21st Harling Theatre Group Calendar Girls 2.30pm
21st Harling Theatre Group Calendar Girls 7.30pm
22nd EHSSC Indoor Boot Sale 10-1pm
23rd OSH Hub 10-12 - Exercise class 12-1pm
26th Knit & Knatter 9.30-11.00am 12 The Bailiwick
28th OSH Quizz Night for OSH
28th Bridgham Church Coffee Morning in the village hall 10-12noon
30th OSH Hub Easter special 10-12 noon followed by Exercise Class 12-1pm

APRIL 2026

- 1st OSH Coffee Morning 10am – 12 noon
3rd EHSSC Annual Easter Family Funday 2pm onwards
4th EHARLING Church Community Café 10-12noon
7th Film Night OSH 7.15 for 7.30pm
9th EHSSC Harling Camera Club Rudd Room 7pm
10th EHSSC Bingo- Eyes down 7.30pm
15th OSH Lunch 12 noon for 12.30
18th EHSSC Live music with Mark Anthony and Isaac 8.00pm

CONTACT is published monthly by East Harling Parochial Church Council and items for the April edition should be submitted to the editor by email by 12th March 2026 at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications. Please don't wait until the last day as we cannot guarantee last minute items will be printed. For enquiries regarding deliveries and insertion of flyers please contact the Editor by email.



SARAID



charity fundraiser Race Night

Saturday 7th March 2026 7pm – 11pm

(first race 7.30pm, 9 races in total)

at The Old School Hall, School Lane, East Harling NR16 2LU

Entry by ticket only £3 per person.

Tickets available from

<https://www.eventbrite.co.uk/e/saraid-race-night-fundraiser-tickets-1982107717540?aff=oddtcreator> or by BACS

email gary.francis@saraid.org.uk mobile 07803196181 or francisjan14@gmail.com mobile 07751550813 for more information.

“Bring your own drink”

why not sponsor a Race for only £20 donation

or donate a raffle prize

All bets on the night are CASH only

Tuesday 3rd March FILM NIGHT

In Harling Old School Hall

Film starts at 7.30 pm

Open at 7.15pm for crisps, popcorn, soft drinks, teas & coffees

Bring Your Own Bottle!

Set in a war-torn Scillian village at the end of World War II, eight-year-old Salvatore the mischievous, intelligent son of a war widow discovers a love for films. He spends every free moment at the local movie house. Although they initially start on tense terms, he develops a friendship with the middle-aged projectionist, Alfredo, who encourages him to follow a career in film making. This is a highly entertaining and inspiring story of love, generosity, and pathos, latin style!

£5.00 donation
EVERYONE WELCOME

Editor: email sue.wall@uwclub.net or new email address from January

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