



CONTACT

EAST HARLING - WEST HARLING - BRIDGHAM -
ROUDHAM - BRETtenham - LARLING - RUSHFORD

VILLAGE NEWS AND EVENTS

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Six Inches of Soil
EcoChurch Community Screening
7th October 2024 | East Harling Parish Church

Join us in the historic church of St Peter and St Paul in East Harling for a special EcoChurch themed screening of the popular film exploring regenerative agriculture.

Following the film there will be a marketplace of EcoChurch themed stalls to engage with and a Q&A with a panel including the Bishop of Norwich, the national lead Bishop for the Environment.

Get your free tickets here:
www.ticketsource.co.uk/harlingguiltcross

6.00pm
Doors Open

6.30pm
Film Screening Starts

7.50pm
Free locally sourced food available and Market Place opens

8.30pm
Q&A panel opens
With the
Bishop of Norwich



Loving Earth



A nationwide community textile project featuring 75 different panels celebrating nature at St Peter and St Pauls, East Harling, Norfolk.

Started by the Quaker Art Partnership in 2019, it has now received panels from all over the world and been shown in cathedrals, at COP26 and at the Houses of Parliament. We are delighted to now offer this exhibition in our Grade 1 listed medieval building.

Free Entry

Wed 25th September until Sunday 6th October

Every day 10.00 - 4.00 pm
except for Sundays 12-4

Contact Revd Lynn Fry on
lynnandlory@outlook.com
Or Revd Simon Richardson Best on
01953 558763

<https://www.facebook.com/ehssp20/>

<https://www.harlingguiltcrossbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for Roudham and Larling

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The Rectory, Church Road, East Harling. NR16 2NB

~ Welcome to our Services in October 2024 ~

Midweek Communion every Wednesday at 11.30am in East Harling Church

Date	E Harling	Garbl'sham	Wretham	Bridgham	Larling
Sunday 6 th October Dedication Trinity 19	11.00 am All Age Soul Café Old School Hall 6.00pm	9.30 am Holy Communion	9.30 am Service of the Word	11.00 am Holy Communion	
Sunday 13 th October Trinity 20	9.30 am Holy Communion	9.30 am Holy Communion			11.00 am Holy Com'union
Sunday 20 th October Trinity 21	9.30 am Holy Communion 6.30pm Harling Praise	11.00 am All Age	9.30 am Holy Communion	11.00am Harvest Service of the Word	
Sunday 27 th October Bible Sunday	9.30 am Holy Communion	9.30 am Holy Communion			11.00 am Service of the Word

	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
Sunday 6 th October Trinity 19	3.00pm Harvest Festival				16.30 Harvest Festival
Sunday 13 th October Trinity 20					11.00am Holy Communion
Sunday 20 th October Trinity 21		9.30am Harvest Festival			
Sunday 27 th October Bible Sunday			11.00am Harvest Festival	6.30 BCP Evensong	

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SIP APPROVED 10/04/2024



~ Parish Records 2024 ~

~ Funerals ~

We offer our condolences to the family and friends of:-

Pat Coe whose funeral took place in East Harling Church on Friday 16th August 2024 followed by cremation.

Phyllis Frost whose funeral took place in East Harling Church on Thursday 22nd August followed by interment in the Churchyard.

~ Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ.

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to East Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church

EAST HARLING POST OFFICE

Please note the Post Office will be closed on Wednesday 2nd and Thursday 3rd October due to a Family Wedding. Sorry for any inconvenience.

THANK YOU

On behalf of my family I would like to thank Revd Bro. Simon for the wonderful service that he performed for my late daughter Julie..

We would also like to thank my friends from the church and village for all their kind thoughts and the help they have given me.

Paul Clarkson

FOOD BANK
Please Remember!



Items for delivery to Thetford Food Bank can be left in the hamper at the rear of the pews in East Harling Parish Church.
Tinned and non-perishable dry goods (eg sugar, cereals) and toiletries welcome.
No fresh fruit or vegs please.
All items must be 'in date'.
Your gifts will be collected regularly.
Thank You!

METHODIST CHAPEL WHITE HART STREET Methodist Services in October

6th 10.30am Rev Paul Mellor communion service
6pm Soul Cafe
13th 6.30pm Rev Paul Mellor communion service
20th 11am United service at Garboldisham Parish church
6.30pm Harling Praise at Methodist Church
27th 6.30pm Mr Pat Mottram

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East Harling Churches

Invite you to drop in for

Fun, Games

Craft

& Refreshments

October 31st 5.30pm-7.30pm

At the Methodist Church

White Hart Street

COLLECTION OF DONATIONS FOR UKRAINE

As many of you are aware I travelled to Ukraine Regularly for and with UK AID. This time, I have decided to make a solo trip in November, as my own contribution to assist the people of Ukraine.

The plan is to fill my van with good condition warm clothes, for both children and adults and blankets and Animal Food, as I am calling in at an Animal Sanctuary. So, I am asking for donations. I know a lot of people in this area have connections with Ukrainian families, so please help if you can. Donations can be left at St Peter and St Paul's Church in East Harling, or you can contact me (Jerry) directly on 07969 470539.

You can also help by visiting the Coffee Morning in St Peter & St Paul's Church in East Harling on Saturday 5th October.



Dear friends

Recently the Church celebrated the Feast of the Blessed Virgin Mary and the Gospel reading for the day was Luke 1.46 -55, in which Mary sings of the glory of God, in a song that is traditionally called the Magnificat. It's called that because, in Latin, it begins 'Magnificat anima mea Dominum' – 'My soul magnifies the Lord.'

When we put something under a magnifying glass, all of a sudden we can see it much more clearly – it's almost as if a whole new world opens up to our sight. I remember, as a child, catching ladybirds and putting them in a box that allowed you to watch them closely. Seeing all the detail of the wing carapace, the antennae, the complex eyes – absolutely blew my mind as a small, inquisitive child.

In being called to bear the Son of God, in carrying him, giving birth to him, raising him loving him – the whole experience of motherhood allows Mary (and the whole world) to see things differently; because in Jesus, the love, mercy, and kindness of God are made visible to our human eyes. The invisible majesty of God is made visible to you and me; and so, for those with eyes to see, a whole new world of joy and hope is opened up.

Of course the world, and the news, and our own lives continue on... but for those who like Mary, are willing to receive Jesus, and to see reality change before their eyes, nothing is ever the same again, as we see love, goodness, joy and hope spring up in all sorts of places.

Yours with blessing

Simon

Simon.

Revd Br Simon.

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HARLING YARD SALE & SCARECROW TRAIL

The yard sales seemed to be a great success with lots of people attending, including those from other villages too, in fact the village hall ran out of food shortly after 11am!

The winning scarecrow was outside Owl House on Market Street and they won £20, with runners up second place going to 54 Brewsters and third place to 3 Stanley Drive.

We had a record amount of votes submitted both online and in the ballot box, and sold the most maps/voting forms that we've ever sold!

So thanks to everyone who got involved and supported our fundraising event. Many thanks to our helpers on the day too.

The Old School Hall Committee

NORFOLK WILDLIFE TRUST BRECKLAND LOCAL GROUP

So after a little break in August, we were very pleased to welcome a group of our regulars to a BBQ at Weeting Heath. Very kindly hosted by the Warden James Symonds, the weather was kind but not quite good enough for very many moths to come into the trap James set up. But everyone seemed very happy with the social aspect and the food. After the Fungus Foray at the end of September, we now start our season of talks.

On Wednesday 9th October we have the author Conor Jameson telling us all about Goshawks. Conor has had a book published on this subject and previously worked for the RSPB.

On 13th November we have Lynn and Tony Fry giving a talk on Sustainability and Conservation on their Sussex garden.

On 11th December Will Russel NWT Lead Officer Woods and Heaths will give a talk on Adders.

The talks all starts at 6.30pm at The Methodist Centre, High Street, Watton. IP256AB. No booking needed, refreshments served. Cost £3 non-members, £2 members.

EAST HARLING WI

East Harling WI had an enjoyable Garden Party in August - many thanks to our Hostess Elizabeth Kemp for putting up with us again!

In October, we will be having a cookery demonstration. Jackie Long will be showing us how to make a butternut squash risotto. She will also give a little talk on Love Food Hate Waste.

East Harling WI meet on the third Tuesday of each month at the Old School Hall for 7.30pm. We look forward to seeing old and new faces.

If you would like to give a talk or demonstration, or would like any information please feel free to contact me, Jackie Underwood on 07725 126115. Apologies to people that have rung, but voicemail has not recorded telephone numbers - so please ring, but leave a contact number.

WHAT'S ON AT THE VILLAGE HALL

CHECK OUR WEBSITE WWW.HARLINGGOLDSCHOOLVILLAGEHALL.CO.UK



WED 9 OCT

Coffee morning

10-12 noon

FRI + SAT 4/5 OCT
MURDER MYSTERY DINNER



SAT 12 OCT

QUIZ night!
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There is no quiz on 19th

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Next on 7th and 21st October

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Eco Church and St Francis

Many people will know St Francis as the birdbath saint. In garden centres you often see St Francis cast in concrete holding out his arms with birds on his shoulders and maybe some squirrels at his feet. And it is rather sad, if that is all we know about him. It's the same with St Christopher known mostly as a character on a necklace. But back to Francis.



The great chain of being was a way that early medievalists understood the world. Everything had its place with the Creator at the top served by angelic beings to humans, then animals, trees, plants and so on down to the tiniest particle – all in strict hierarchical order. It was the way the world worked too – everyone knew their place.

Then in the early thirteenth century St Francis challenged that - he saw the universe as a place where all belonged together and all served each other. Francis would call all creatures, no matter how small, Brother or Sister because he knew they all shared the same beginning. Instead of words of power and lordship, he used the words kinship, sisterhood and brotherhood.

In one famous story, while walking along, St Francis saw a flock of birds and sat down and preached to them. Our Franciscan friend Clark while out running came across a troop of baboons, (this was not in England!)– he didn't preach to them directly rather ran for his life but when he got home he sat down and wrote a sermon to the baboons. 'You are the glory of God in your beauty, your aliveness, your baboonish ways, so be happy! My word to you now is Bless you!' As he said later, 'if I get another chance I've got my sermon ready!'

Pope Francis, in his Laudate Si, wrote about care for 'our common home'. He encouraged everyone to think about our relationship with the rest of the living world. Native American people call humans *the younger brothers and sisters* of Creation – who need to look to their older siblings (the natural world) to learn how to live in harmony. Francis called birds, fire and wind our brothers, and the moon, stars and water as sisters and the Earth, our Mother.

In this season, where we gather in the harvest and give thanks, it is also a good time to think about what we are giving and what we are taking. Are we taking too much? On his deathbed, St Francis famously said 'I have done what was mine to do, now go and find out what is yours' For the last 2 weeks the church has been filled with beautiful textile artworks made by people from around the world as a response to the question 'What do you love?' If you haven't been to see them – it is not too late – the exhibition closes on 7th October.

HARLING FIREWORKS AND LAZER DISPLAY ON THE REC

This years' display will be held again at the Rec on Friday November 1st. The show will start at approximately 6.30 with the Lazer Show and Fireworks starting at 7.00. There will be the usual food vendors including Hog Roast, Burgers and Hot Dogs, Pizza Van and a Loaded Fries Stall, there will also be Teas and Coffee, an Outside Bar and the Club will be open as usual. There will also be Lazer Tag and Sparklers for the young ones. Hopefully our local Fire Engine and crew will also attend for you to have a look round and a chat, if they are available on the night, and we may get a visit from some Star Wars Storm Troopers.

Again this year we are asking for a £5.00 donation (or more if you wish) from each adult attending, Children of course are free as this is their night to enjoy. The event this year will cost in excess of £3,000 to stage and we must cover costs if the event is to continue in the years to come.

In anticipation thanks everyone for your support and let's have another good old Harling Get Together. Parking on the Rec will be very limited so please walk to the event if possible.

Thanks everyone, Kate, Pierre and Chid the organising team.

HARLING 10K - 1 September 2024

301 runners completed the Harling 10k this year on a sweltering Sunday morning. The overall winner was Laurence Rouse in a time of 35:37 with the first female finisher being Nicola Bennett with a time of 42:13.

The local trophies were awarded to Shaun Braybrook and Tracey Pratt who were the first finishers from Harling / Bridgham with times of 43:07 and 45.50 respectively. See below Shaun and Tracey receiving their trophies from Dale Kindelysides of Crendon.



As always we would like to thank all the marshals and volunteers, EHSSC, the runners and our sponsors, Crendon Timber Engineering, who make the event possible.

Chid Blades and Harling Athletics Club

Photos supplied courtesy of Gill Lambert Photography

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EAST HARLING GARDENING CLUB

In September a few of our members enjoyed a break in South Wales which was thoroughly enjoyed by them all.

Our meeting was a thought-provoking insight into the training and day to day life of a hearing dog for the deaf given by Logan, ably assisted by his human Veronica.

Our next meeting on Tuesday 8 October will be a talk by local historian David Bailey entitled what's below your garden? Bring along articles dug up from your gardens and he will try to give an insight into what they are and how they got there. This area is crisscrossed by roads from the Angles, Iceni and Romans, so who knows you may have some ancient and rare artefacts.

See our "East Harling gardening club" Facebook page nearer the time for more information. As well as our regular meetings we have some exciting events and trips organised for the the rest of the year...

Tuesday 10 December Christmas ☐ 🍷 lunch. Members only.

Tuesday 17 December coach trip to Cromer Christmas Show. Visitors very welcome and the cost is just £40 including admission. **We have to confirm numbers to the Theatre in October, so this is your last chance – please contact Jenny on 01953717911**

For further details of any of the above contact Jenny on 01953 717 911 or Mary on 01953 717 193. We meet at 7.30 on the second Tuesday of the month, and visitors are always welcome for a low entry price of just £3, or why not become a member for a small annual fee of just £12 running from 1 April each year.

Booking Clerk Required

This is a voluntary role which forms part of our Management Committee of the village hall

Duties Include

- responding to hall hire enquiries online and occasionally on the phone
- liaising with regular hirers about any changes to their bookings
- overseeing our online calendar/ booking system which we'll be rolling out soon.
- providing information to the treasurer to enable invoices to be raised
- Occasionally showing potential hirers around the hall



Fancy joining a friendly group of local volunteers who all want the same thing - to keep Harling Old School Village Hall open and providing much needed facilities to our local community?

Contact

chair.hosh@gmail.com
for more info

Christmas Tree Festival

After another successful Christmas Tree Festival in December, 2023, we are now starting to put together our list of participants for the Christmas Tree Festival, 2024.

As in previous years we are hoping for local schools, clubs, businesses, shops and individuals to take part by decorating a tree. Last year we had a record of 84 trees on display for all the visitors to enjoy. It was truly amazing and we couldn't have achieved that without all of your support.

For those who haven't participated before, you will need to bring your own tree, real or artificial. Trees can be any size as we like a good variety. You will also need to bring your own decorations, including battery operated lights, preferably bright ones to enhance your tree. Also there are very few electric sockets in the church. Your decorations do not have to be standard tree decorations, though we welcome those too. We have been delighted with the imaginative and inventive ideas on show in the previous festivals.

We are setting ourselves a target this year of 100 trees and are also hoping to get the local press and television involved, so we really need your help to achieve this. Please spread the word!

The following is a list of dates and times for decorating your trees:

Monday 9th December 10 - 3pm
Tuesday 10th December 10 - 3pm
Wednesday 11th December 12.30 - 6pm
Thursday 12th December 10 - 7pm
Friday 13th December 9.30 - 12.30pm

If none of these times are suitable for you, please contact Susan to arrange a more suitable time.... 07890 102392 or email the address below.

If you would like to participate this year, or have any questions, please contact Susan Wilson by phone: call 07890 102392, send a message or email: susanmwils@gmail.com.

Times for visiting the Christmas Tree Festival will be published in the November and December Contact Magazines and advertised on our church Facebook page and website.

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SATURDAY 5th OCTOBER

**East Harling Church
10am-12.00 noon**

This month we are helping to raise funds towards a humanitarian trip to Ukraine—see the notice on Page 5

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes and browse the second hand book stall.

Everyone Welcome!

THE GARDEN IN OCTOBER




“The end of the summer is not the end of the world. Here’s to October...”
A.A.Milne

Lawns: cut with blades set high towards the end of the month then rake to remove thatch and to open up the base of the grasses to prevent fungal diseases from taking a hold.

The beginning of the month is ideal for sowing or laying a new lawn. The ground is warm, and **we will have rain.**



Trees and shrubs: a good month to plant container grown trees and shrubs for the same reason. Depending on the season bare root plants may be available towards the end of the month – these can be purchased and planted until early March. Stake new trees to prevent rocking – **there will be wind** ⇒ 

Cuttings: continue taking hardwood cuttings of shrubs, trees and shrub roses.

Plant: or move shrubs, trees and hedging. Keep watered until Mother Nature takes over, **there will be dry spells.**

Dahlias and Chrysanthemums: keep dead heading. Water if necessary and check your supports. Strong winds have become common in October.

Annuals: hardy annuals including sweet peas can still be sown in an unheated greenhouse or cold frame for the next couple of months ready to plant out in early Spring. Tender annuals can be removed as they get to the end of their life and replaced with bulbs, pansies, etc.

Biennials: such as wallflowers, foxgloves, hollyhocks and forget me nots can be planted out so that they get off to a good start next spring.

Bulbs: Try to finish planting spring flowering bulbs by the end of the month (tulips can be planted in tubs below other spring flowering plants, otherwise wait until November).

Vegetables: cut asparagus down to ground level to prevent rocking. Keep clear of weeds. Plant out spring cabbage plants (protect from pigeons).

Harvest whatever is ready. Traditionally Brussels sprouts, celery and parsnips were harvested after the first frost, however in recent years this would mean you weren't eating them until after Christmas 🍷, so harvest when you need them.

Pots and tubs: clear out as soon as summer bedding is finished. If there is no permanent planting tip them onto the garden – if there are any pest eggs they will be cleared up by the birds. Clean the tubs and fill with a good quality peat free soil-based compost (these fared least badly in my very unscientific trial). Good drain holes are particularly important in the winter as we often get prolonged periods of rain in the winter.

If there is permanent planting remove any dead annuals and perennials, feed and replant with pansies, violas and primulas.

Tip if you are not ready to clear out the tubs buy pansies etc in packs and pot them in 9cm pots to grow on and they can be transferred to the tubs later.

Good gardening

Kevin

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Remembering Bill Caley

Thomas William Caley, known to us all as Bill, was born at Shrub Farm Cottages Larling on the 3rd May 1931, the only child of Charles and Florence Caley. They moved to 2 Watton Road, Larling in 1934. He went to Larling School and Sunday school at St. Ethelbert's where his father was Churchwarden and also dug the graves, and his mother helped with the cleaning. From the age of 12 Bill helped his dad with the graves, so his involvement with the church started really early!

He started work aged 14 in the Maltings in Roudham (what used to be Aspect Roofing) where he worked until he was conscripted aged 18 and joined the Royal Signals and was drafted into the Military Police, stationed at Catterick. In late 1958 Bill attended a dance at the Gala Ballroom in Norwich where he met Angela, who had just finished her midwifery training and was due to go back to London; she never did. They married in Redenhall Church on the 18th June 1960. They had two children Lawrence born in April 1961 (a few days before electricity was switched on in Larling!), and Rebecca was born in April 1964.

Bill joined Anglia Water as Stores Manager and worked his way up to Superintendent of works by the time he retired in 1994. He worked at Anglian Water depots in Attleborough, Old Buckenham, and Thetford, finishing in Bury St Edmunds. In his later years with the Water Board he became an NVQ trainer and ran courses at Rutland Water where he would go for 3 days at a time. He loved these trips when he could share his wealth of knowledge and he continued these for a further 3 years following his retirement.

In recognition of his contribution to the water industry he was awarded an MBE in June 1994. There was much excitement as outfits were sought and arrangements made for our trip to London; it was a very proud day in the Caley household. His award was presented by the late Queen at Buckingham Palace. Bill also met the future king when the English Whisky company at Roudham was opened in 2006.

He was treasurer of Larling Church for 50 years, was a standard bearer and member of Great Hockham Branch of the Royal British Legion and for many years served on the Larling Parish Council. He was also a member of the Oddfellows.

Being a child during the 2nd WW the philosophy of make do and mend stayed with him all his life but he would prefer to describe it as innovate and improvise! He had a habit of collecting and accumulating anything and everything and often items originally built for one purpose would regularly be adapted and put to use in other ways. Fishing rods became implements for picking apples, television aerials became garden hoes, and Larling's first wind turbine was built from a 1949 Raleigh bicycle and some Perspex he salvaged, along with many other such inventions too numerous to mention here.

As has been referenced Larling and the Church were particularly close to Bill's heart. Being a village of only around 100 inhabitants Larling very rarely appears in the printed word however there is one publication in which the village is mentioned every month. He was so proud of this fact he had amassed over 20 years' worth of the Church Contact Magazine, this is thought to be largest collection in the area!

During retirement there was an increased focus on vegetable production. Bill loved his garden but he did not love rabbits so it was necessary to have an effective rabbit control policy. Travelers through the village at 4 or 5 a.m. in the morning may have been alarmed at the sound of gunfire but this was just the Larling SAS (Special Air gun Service) engaging with the enemy attempting to cross the Northern border of the meadow behind the house. Bill could be spotted hanging out of the window lining up rabbits with his telescopic sights at a range of up to 50 yds. Rabbits retreating to the south would be met by General Harold Bacon who was responsible for preventing breaches across the southern border. Ground assaults were regularly launched and sheep scattered in all directions as the ride on lawnmower (with air gun) spearheaded attacks to dispatch more of these fluffy tailed terrorists.

Bill and Angela celebrated 64 happy years together in June of this year with smoked salmon sandwiches and champagne smuggled into the Norfolk & Norwich during the early days of his illness. As a family we all loved and respected our father immensely and he in turn was very proud of us and the grandchildren. He was very kind and caring and supported us all throughout our lives, always helping us out and providing advice when asked. On his journey through life he made many friends and we will all miss him hugely but are very grateful for the long and happy life he enjoyed.

Thanks to Lawrence and Rebecca - Editor

BRIDGHAM CHARITIES TRUST

These Trusts exist to help any resident of the parish of Bridgham who is in need hardship or distress. Money available from the Trust this year will be distributed at the end of November 2024.

If you wish to make an application--- Please write to any of the three Trustees named Below before **11 November 2024**. All applications will be treated in strictest confidence.

Mike Welton 52 The Street, NR16 2RS
Tel: 717786

Janette Hines 101 The Street, NR16 2AE
Tel: 718250

Gary Francis 34 The Street, NR16 2RY
Tel: 718732



A poster for Bridgham Church Coffee Morning. The text is arranged in an arch at the top: "Bridgham Church" in a large, decorative font, with "COFFEE MORNING" in a smaller, bold font below it. Two coffee cups with steam rising from them are positioned on either side of the central text. Below this, the date and time are listed: "Saturday 10-12noon 26th October". At the bottom, it says "In Bridgham Church" and features a small illustration of a three-tiered candle stand with red and blue candles.



A poster for Bridgham Village Wednesday Social. At the top, it says "BRIDGHAM VILLAGE PRESENTS" in a small font, followed by "Wednesday Social" in a large, bold, black font. Below this, the text reads: "Come join us for some fun and games, a cup of coffee or tea. Bring your crafts, cards or just yourself." To the left of this text is an illustration of a white coffee cup with a saucer and a plate of cookies. At the bottom, it says "Start@11am Bridgham Village Hall" and "ON THE 1ST AND 3RD WEDNESDAY MONTHLY".

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HARVEST FESTIVAL

SUNDAY 27th OCTOBER

11.00am



ALL WELCOME TO CELEBRATE IN THIS DELIGHTFUL RURAL CHURCH.

ROSEMARY & THYME FARINATA

Gluten Free - Italian farinata, also known as Socca in France lands somewhere between a flat bread and crepes - great as a Snack with drinks or as one of a selection of canapes.

Ingredients

- 180g chickpea flour (gram flour)
- 450 ml water at room temperature
- 2tsp Fennel seeds
- 1 tbsp chopped rosemary
- 1.5 tbsp fresh Thyme
- 74ml Olive oil

Farinata is best started the day before you want it.

Method

Place the chickpea flour in a bowl whisk in the 450ml of room temperature water, make sure there are no lumps of flour left. Cover and leave for 24 hours - if you are in a hurry this stage can be reduced to 4 hours.

After the resting then preheat the oven to 220 C fan, and grease and line a Swiss roll tin but only the base as you want crispy edges.

Pour the 75ml of olive oil into the tin and swirl around.

Add a ½ tsp salt to your batter and whisk again as the batter may have separated, pour the batter into the tin and with a fork whisk and froth to incorporate the oil and batter together.

Sprinkle over the fennel seeds and herbs.

Gently transfer to the oven and bake for 25-30 minutes rotating the tin halfway through until golden around the edges and cooked through the centre.

Set aside to cool for 5 minutes then then run a knife around the edges of the farinata to release it and transfer carefully to a board and cut into bite size pieces. Farinata is great served with a chilli jam or a good onion chutney. Enjoy!

Recipe from Ottolenghi Test Kitchen cookbook.



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DIARY DATES 2024 for fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

OCTOBER

- 1st E Harling Film Night Old School Hall 7.15 for 7.30pm
- 2nd Bridgham Village Hall Wednesday social 11 -1ipm
- 4th Harling Bowls Club free short mat sessions 6pm
- 4th EHSSC Whistle Stop Rock 'n' Roll Club 7.30pm
- 4th/5th OSH DEATH BY RADIO Murder Mystery doors open 6pm
- 5th E Harling Church Community Café 10-12noon
- 5th Feline Care Roudham Pop-up Shop 10.00am to 1pm (weather permitting)
- 7th OSH The Hub coffee morning 10-12
- 7th Six Inches of Soil Eco Church Community screening East Harling Church 6.00pm
- 8th E Harling Gardening Club talk by David Bailey OSH 7.30pm
- 9th OSH Coffee Morning 10-12 noon
- 10th E Harling Camera Club Rudd Room 7.00pm
- 11th EHSSC Bingo eyes down 7.30pm
- 12th EHSSC EAST ANGLIAN BOY LIVE 7.30pm
- 12th OSH Quiz Night 7 for 7.30pm start (see page 9)
- 14th OSH The Hub coffee morning 10-12
- 15th Soup Church 11.30am Theme Gentleness – Methodist Chapel White Hart Street
- 16th Bridgham Village Hall Wednesday Social 11-1pm
- 17th E Harling Church Knit & Natter
- 17th Roudham & Larling Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm
- 21st OSH The Hub coffee morning 10-12
- 22nd E H Parish Council OSH 7pm
- 25th EHSSC _ Kids Halloween Party 6.30pm
- 26th Bridgham Church Coffee Morning 10-12
- 26th EHSSC Adult Halloween Party 8pm
- 28th OSH The Hub coffee morning 10-12

NOVEMBER

- 1st Firework & Lazer Display on the Rec from 6.30pm followed by Jonny B Good Live Music (see page 10)
- 2nd E Harling Church Community Café 10-12noon
- 2nd Feline Care Roudham Pop-up Shop 10.00am to 1pm (weather permitting)
- 2nd EHSSC Whistle Stop Rock 'n' Roll Club 7.30pm
- 5th E. Harling Film Night Old School Hall 7.15 for 7.30pm
- 8th EHSSC Bingo Eyes down 7.30pm
- 14th E Harling Cameral Club Rudd Room 7.00pm
- 12th East Harling Gardening Club 7.30pm
- 16th E Harling Methodists Chapel Coffee Morning 10-12
- 16th EHSSC BIG QUIZ 7pm for 7.30pm
- 21st Roudham & Larling Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm
- 22nd EHSSC Live music with Chris Wilson 8pm
- 26th E H Parish Council OSH 7pm

DECEMBER

- 6th EHSSC Whistle Stop Rock 'n' Roll Club 7.30pm
- 7th E Harling Light Festival and Christmas Market
- 7th OSH Christmas Lights Switch On
- 10th Gardening Club Xmas Lunch for members
- 9th – 13th E Harling Church decoration of Xmas Trees
- 13th EHSSC Bingo eyes down 7.30pm
- 17th Coach trip to Cromer for Christmas End of the Pier Show (see page 13)
- 19th Roudham & Larling Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm

DON'T FORGET CLOCKS GO BACK ON SUNDAY 27TH OCTOBER @ 2AM

Printers for CONTACT

Do you have a few hours to spare each month?

The CONTACT Team need willing volunteers to help with the printing of the magazine using the printer in the church to print the 1,500 plus copies each month.

We also need someone to manage the ordering of the consumables each month for the printers.

It is very satisfying and rewarding work, since the magazine is a lifeline and an interesting read and ready reference for traders and advertisers alike in our villages.

If you are interested please contact Sue by phone or text on 07703168205 or

email the Editor sue.wall@uwclub.net

**Tuesday 1st October
FILM NIGHT**

**In Harling Old School Hall
Film starts at 7.30 pm**

**Open at 7.15pm for crisps, popcorn, soft drinks, teas & coffees
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Rating 15

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EVERYONE WELCOME



A Bunch of Roses presented to all the CONTACT Collators with a big THANK YOU from your Editor

CONTACT is published monthly by East Harling Parochial Church Council and items for the November edition should be submitted to the editor by email by 12th October at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications. Please don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email sue.wall@uwclub.net

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