



MARCH 2023

CONTACT

**EAST HARLING - WEST HARLING - BRIDGHAM -
ROUDHAM - BRETENHAM - LARLING**

VILLAGE NEWS AND EVENTS

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BRETENHAM - SEE PAGE 18

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CLOCKS GO FORWARD

SUNDAY 26TH MARCH AT 1.00AM TO 2.00AM



Also published on line on the following web pages

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<https://www.harlingpc.info/> under the News page.

<https://www.harlingguiltcrossbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>

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Date	East Harling	Garbl'sham	Wretham	Bridgham	Larling
Sunday 5th March Lent 2	11.00am All Age 6.00pm Soul Café Old School Hall	9.30am Holy Communion	9.30am Service of the Word	11.00am Holy Communion	
Sunday 12th March Lent 3	9.30am Holy Com'nion	9.30am Holy Communion			11.00am Holy Com'union
Sunday 19th March Mothering Sunday	9.30am Holy Com'union 6.30pm Harling Praise	11.00am All Age	9.30am Holy Communion	11.00am Service of the Word	
Sunday 26th March Lent 5	9.30am Holy Com'union	9.30am Holy Communion			11.00am Service of the Word

Date	Brettenham	Riddlesworth	Blo'Norton
Sunday 5th March Lent 2			
Sunday 12th March Lent 3			11.00am Holy Communion
Sunday 19th March Mothering Sunday			
Sunday 26th March Lent 5	11.00am Holy Communion	6.00pm Holy Communion	



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Parish Records 2023 ~

~ Funerals ~

We offer our condolences to the family and friends of:-

PHYLLIS JEAN WRIGHT whose funeral was held in East Harling Church on 16th February followed by interment in the Churchyard.

~ Floodlighting March 2023 ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblins Piece, East Harling. NR16 2PZ

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

January 2023

24th In loving memory of my dear Husband **ROY BUFFERY** greatly missed but always remembered with love and happy memories. Rene and Family xxx.

March 2023

19th In Loving Memory of a dear sister **Lesley**, sadly missed by all the family. Love Janice, Paul and all the family.

21st **SHEILA BOND** – Loved and remembered every day Angela and Ann

28th Treasured memories of our dear Dad **ERIC HOLDEN** taken from us on the 28th March 2021. Loving you and missing you always – Sue and Billy.

Thank you to all who sponsor the floodlighting of East Harling Church.



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METHODIST CHAPEL WHITE HART STREET Methodist Services In March

5th March 10.30 am Mrs Janet Browne
6 pm Soul Cafe at Old School Hall

12th March 6.30 pm Mrs Jane Mottram

19th March 10.30am Mrs Linda Spencer
6.30pm Harling Praise Methodist Church

26th March 6.30pm Rev Helen Nice

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Thanks - Methodist Church Coffee Morning

Thanks to all who supported our Valentines Coffee morning on the 11th February

It was lovely to see so many friends!

£206 was raised for Church funds and

£181 to be sent via Christian Aid to the Turkey and Syria Earthquake appeal.

THANK YOU

We would like to thank everyone for their attendance at Bob & Muriel Comer's funeral at East Harling Church on the 19th January 2023. Also to thank Revd Simon Richardson, the Churchwardens and Turners for conducting a very special service. Thank you to everyone for their kind messages of support at this difficult time.

From Robert Comer, Helen Brundle (nee Comer), Thomas, Alexander & Callum.

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Dear friends

As I write, we are about to enter the season of Lent. The core message of this season is 'Repent, for the kingdom of heaven has come near.' (Matthew 4.17). There are three points I would like to share from this.

'Repent' – don't worry, I'm not about to put you on a guilt trip! The word Jesus says here is 'metanoete', and what it means is 'change your mind, your attitude, your worldview.' The war in Ukraine, the imbalance of people struggling to heat their homes while oil companies rake in record profits, and the culture of bullying and 'cancelling' – even the Church's attitude to LGBT+ people – all of these are instances where hardness of heart, selfishness and lack of compassion make the world a colder, harder, sadder place. To allow love, joy and hope to change our viewpoints (whether Presidents, CEOs, Archbishops – or we ourselves) is the repentance that Jesus gently invites us to. How much more beautiful would your world be, if you 'changed your mind', or 'repented'?

'The kingdom of heaven' – this isn't a place, or a tyrannical rule – it is biblical language for the presence and the kindness of God. Jesus calls people to repent because, in him, that presence and kindness can be seen. Most of you reading this will probably not be interested in religion or church – I'm not sure Jesus was overly interested either. Rather, he was passionate about justice, about mercy, about freedom, about inclusion, about genuine human encounter ... rather than anything 'religious' or vaguely 'spiritual', this kind of acceptance of the other is what the kingdom looks like. In real terms – Jesus wants each one of us to know how passionately and totally we are loved by God, and infinitely worthwhile.



And lastly, 'has come near.' Where religion, spirituality, church, etc. can come into play is in helping us to see this. *Seeing* is perhaps the most important concept Jesus shares in the Scriptures. All that I've already written is all well and good, but how can we know and understand it for ourselves. The answer is very, very easy – and the practice of a lifetime. By opening our eyes to the goodness in those around us; in the natural realm in which we live; by reading the Scriptures, by praying (whatever that might mean to each one of us) – if we will 'open our eyes' and just become more aware of everything we have, everything we are, everything around us, then glimpses of heaven start presenting themselves to us wherever we are.



In this Lenten season, perhaps you could take a moment to ponder how you might change your outlook, and let your heart be changed; understand how much you are worth to the one who created you; and see afresh the love that is around you, and the need for you to be the presence of love in your world.

Yours with every blessing

Simon

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Described by Ian Hislop as his "love letter" to amateur theatre, the London staging received rave reviews:

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Mail on Sunday (4 stars) - "deliciously stuffed with Shakespeare... a laugh-a-minute"

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Saturday 25th March 2.30pm
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THE GARDEN IN MARCH

The next 3 months are where you lose those extra winter pounds ready for mid-June when you can sit in your garden with friends and barbecue with a glass of your favourite tippie.



As I write this in mid-February the birds are singing earlier until later, there are already a few wild Spring flowers and snowdrops galore - seems a particularly good year for them.

Evergreen trees and shrubs: Many normally evergreen shrubs and trees made it through the extreme heat of the summer, but went into winter stressed. Looking around the village many lost their leaves during the hard frosts of late January. Be patient it is a survival strategy by the plants. Wait until mid-May before deciding what to do with them. Some will grow new leaves over most or all of the plant. Some will send out new growth from around the base, and sadly some will not make it and will need to be replaced. In May trim any dead wood away, and give a foliar feed to those that have survived.

Deciduous trees and shrubs: Many of these lost their leaves early and went into winter stressed. Most will come back in the spring. As with the evergreens trim away dead sections in late May and give a foliar feed.

Lawns: Rake to get rid of dead grass and moss. Apply a weed and feed late in the month. A good month to lay turf (not when there is frost on the ground). Continue to prepare ground for sowing NEXT MONTH.

Patios: Scrub to get rid of dirt and moss which can make them slippery.

Pruning: Prune hardy fuschias and finish pruning roses.

Perennials: Clean up perennials and finish any removal of dead material. It is not too late to split established plants. Plant new perennials.

Tip small plants from garden centres establish quicker than larger ones and in a couple of years will be as big and healthier than large, more expensive ones.

Tip2 Look around the village – there are several stalls with people selling surplus plants at a fraction of the garden centre prices

Tip 3 don't forget the Gardening Club plant sale in May.

Dahlias: Plant tubers in pots or trays in a frost free, well lit room or greenhouse – they don't need to be hot. They can also be sown from seed in a warm place from the middle of the month.

Gladioli: plant 4 – 6 inches (10-15cm) deep *Tip* If you plant a few every couple of weeks until late June they will flower over a much longer period.

Annuals: Hardy annuals can be sown outside from now, half hardies in pots or trays protected from frost from the middle of the month – watch the weather forecasts we can have some very strange weather in March. On warm days ventilate the greenhouse.

Vegetables: *Tip* Most packets of seeds contain far more than you need. If kept cool and dry, and resealed most seeds will remain viable for several years (not parsnips)

Tip 2 If you sow 100 lettuce seeds at once they will all need pricking out at once, and all be ready over a 3-4 week period – sow a few at 2 week intervals.

Sow peppers and chillies on a warm windowsill or in a heated greenhouse.

Sow under glass without heat: brussels sprouts, cabbage, cauliflowers, leeks, peas and tomatoes (late March).

Sow outdoors (when ground is not frozen or waterlogged): carrots, radishes and

Plant early potatoes. Harvest whatever is ready – remember when the weather warms up many of the overwintered crops like kale and leeks will flower and become only good as compost.

Pots and Tubs: If you have an established pot of shrubs now is a good time to scrape away as much loose compost from the top as will come away easily, and replace with new compost. If you are choosing a new container make sure it has a reasonably sized drainage hole. Use a good quality compost – that is all your plants will have to grow in this year – they can't spread out their roots to find food and water as they would in the ground.

Fill and plant up the tub where you want it to grow – the pot is probably quite heavy and so is the compost! If you are using a plastic pot use a soil based (John Innes) compost to stop it blowing over.

Remember the 7 inch rule (an inch of water will soak 7 inches of compost), so leave a gap at the top for watering. The 2 ways to make your plants struggle and under -perform or even die are too much water and not enough water. Filling your container with water once a week and letting it drain is better than a sprinkling daily.

If planting for summer don't be tempted to overfill - small annual plants want to grow fast.

March is a little early for annuals, but you can start them inside and plant them into the tubs later. The last few summers petunias and lobelia have struggled with the heat whereas begonias have done extremely well – you can plant corms in pots now to plant out in May, or buy ready grown plants from May onwards.

Good Gardening

Kevin

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To register, please contact Lydia on lydiaogorman.music@gmail.com or 07851 098652



1ST HARLING SCOUT GROUP

We are proud to be at the heart of the community and offer the young people of East Harling and surrounding areas the chance to learn skills for life in a fun and friendly atmosphere. Places available now in Beavers (6-8 years), Cubs (8-10 1/2 years) and Scouts (10 1/2 - 14 years).

**Beavers and Cubs meet on a Wednesday evening;
 Scouts meet on a Thursday evening.
 First taster session free, so why not give it a try?**

Volunteer adult helpers also needed, with full training provided. If interested please email Lee - adams.L7@sky.com or ring 07785 908333

NOTES FROM THE GOVERNING BODY EAST HARLING PRIMARY SCHOOL AND NURSERY



On 22nd + 23rd November 2022, the School received its latest Ofsted inspection, the official report of which was published on February 1st.

The School Leadership team, staff and Governing Body are all very proud for the School to have received a unanimous 'Good' judgement, a culmination of over a year of hard work in developing and delivering a new curriculum.

Ofsted commented that 'Pupils are proud of their school' and 'Warm relationships between staff and pupils reassure pupils that they are safe and listened to'. Pupils said that the best things about the school are 'Teachers and friends'. Ofsted also reported that pupils are enthusiastic about learning and find the topics they study in the new curriculum interesting, and that school leaders have 'Grasped the nettle of curriculum improvement'. Ofsted also commented that 'Staff are well trained' and give extra support to pupils who need to catch up. Leaders have created a new reading curriculum that helps pupils to develop their reading fluency and introduces them to more sophisticated texts. Provision for pupils with special educational needs and/or disabilities (SEND) is a strength at the school.

We as Governors place a premium on Safeguarding provision, and Ofsted reported that arrangements for safeguarding are effective and that Governors, school leaders and staff know the signs that pupils might be at risk of harm. They know how to report concerns and how to secure help for vulnerable pupils quickly. Safeguarding records are detailed, thorough and regularly checked.

Through the school's holistic, nurturing approach, a programme of personal development prepares pupils for future responsibilities in a diverse world.

The Governing Body are now actively assessing and monitoring the implementation and impact of the new curriculum, through regular meetings with the senior leadership team and in school monitoring visits with subject leaders.

All Governors at East Harling are extremely proud of our school and feel very privileged to represent the pupils, parents and wider school community. We exist to help the school deliver its vision and ethos, support and challenge its senior leadership team, and provide financial scrutiny and budgetary value for money.

We would both like to state, on behalf of the Governing Body, our sincere gratitude and thanks to all staff over the last 16 months for their dedication, determination, and hard work. East Harling is very lucky to have such a wonderful school.

Lee Adams and Kate Slack,

Co-Chairs of Governors, East Harling Primary School and Nursery.

**EAST HARLING & KENNINGHALL MEDICAL PRACTICE
NEWSLETTER UPDATE – FEBRUARY 2023**

The start of the New Year has seen further initiatives to increase patient access with the start of 1 Saturday clinic per month. We hope will be particularly helpful to patients for whom weekday appointments are not convenient to attend because of work or other commitments. Our next Saturday clinic is on 11th March. The telephone system upgrade at the end of 2022 has been effective in reducing call waiting times. It is important to support this that patients select the most appropriate option when telephoning the Practice – for example option 2 is for requesting repeat prescriptions. We are now preparing for the change of computer system at both East Harling and Kenninghall which will go live on Wednesday 1st March 2023.

Everyone at the Practice is working very hard to ensure that disruption to patient services is kept to a minimum during this time, but please be aware our staff will be operating a completely new computer system from 1st March onwards. Consequently, your patience and understanding will be much appreciated during this time. Our newly re-formed Patient Participation Group (PPG) held its first meeting of the year in January. Items discussed included Winter pressures, the high demand for appointments, the high number of appointments booked but not attended, and further suggestions for enhancements to our telephone system. Our next PPG meeting will be held on Wednesday 8th March at 6.15pm at our East Harling practice site.

There were unfortunately 149 appointments lost during January, an increase from the 136 appointments in December, where booked appointments were not attended, and the Practice was not advised beforehand. This is the equivalent of 1 GP's appointments for almost 1 week.

If you have any suggestions for the content of future newsletter articles please do not hesitate to contact me at s.round3@nhs.net

Simon Round, Practice Manager
6th February 2023

EAST HARLING WI

In January, we had a dance workout to various Abba hits, with Gary, a PT from Kenninghall. An enjoyable session was had by all, and it was nice to move a few muscles that some of us hadn't used for a while.

Gary is also involved with the Food Bank based in Kenninghall, and was very grateful for the food donations and money that was given by members towards supplies for the Food Bank. If anyone would like to help the Food Bank they would appreciate monetary help, as they use this to bulk buy from supermarkets and then divide for people.

In March, the WI will be having our meeting at Wendy's house, opposite the Village Hall. This is due to the fact that the Harling Players will be holding last minute rehearsals for their play on 24th and 25th March. Our March meeting will be a 'Puzzle and Prosecco' night. The competition is design a WI themed jigsaw puzzle.

East Harling WI CONTINUED

Also, we see that Norwich Hospital are in desperate need of Syringe Driver bags - so if any budding crafters in the Village are interested please see if you can help.

April, is our Resolutions Meeting. Also, this is when Annual Subs will need to be paid. The annual sub for 2023/2024 is £46.00 East Harling WI meet on the third Tuesday of each month, at the Old School Hall at 7.30pm. Our March Meeting will be on 21st March, and will be held at Wendy's house. We are a small group with a mixed age group of members, we look forward to seeing new and old faces. Please feel free to pop along for any of our meetings. If anyone would like to give a talk, demonstration or exhibition of your work or talents please contact us.

If you have any queries, please do not hesitate to contact me Jackie Underwood on Tel 07725126115.

GARDENING CLUB

Our February meeting saw a fascinating talk by Ken Sammon about plants for spring colour followed by the sale of an interesting collection of shrubs and perennials. On the 15th we had a sunny outing to Fullers Mill gardens to view the snowdrops – a gem of a garden near the Anglo Saxon Village, and backing on the Suffolk Wildlife Trust's reserve at Lackford Lakes, it would be worth another visit in late spring/early summer.

Our meeting on 14 March will be a very short AGM followed by a mardle. The cost of membership has been held for 3 years, but it is becoming ever more expensive to put on the talks and it has been reluctantly decided to raise the subs by £1 to £10 per year- just under £1 per meeting.

For one of our meetings we are hoping to visit Helen Hillier's nursery for a demonstration, and to buy some interesting plants. Sorry but it has been impossible to arrange a gardening club holiday this year, BUT Angie Barnes is organising a trip to Tenby at the end of May – contact her direct for more details.



The September meeting will be a trip to How Hill environmental centre at the edge of the broads – more details to follow.

Wednesday 6 December -Oh no it isn't, Oh yes we have, we have booked a trip to the panto Snow White at Bury St Edmunds theatre. Cost will be in the region of £30 including coach travel.

Our full programme will be revealed at the AGM
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WHAT TO LOOK OUT FOR THIS SPRING AT THE RECREATION GROUND

Following public consultations on the village play areas, the Parish Council applied for funding from Breckland Council via S106 funds, for new play equipment at the Recreation Ground.



We have today given the go ahead for a new play train at the play park to replace the wooden millennium train, that will be known as the 'Jubilee train'. This interactive train will have seating areas, play panels, driving wheel and tunnel for our younger villagers to journey on.



In the multi games area next to the play park, we are continuing to expand on the skateboard equipment, and will be installing a quarter pipe and grind bar, for our slightly older residents to enjoy.



We hope these new pieces of equipment

will be installed ready for the spring.

The Parish Council will be granting this equipment to the Harling Recreation Ground Trust.

THE FRIENDS OF EAST HARLING PARISH CHURCH (Reg Charity 280087)

As part of our fundraising program to maintain the fabric of the church we are planning the following events:-

We are delighted to host the Church coffee morning on Saturday 1st April. Donations of cakes are always appreciated, and there will be the usual bookstall. We are also presenting a pre-loved Costume Jewellery Stand. If you have any items you would like to donate please contact Carole 01953 717891 or Elizabeth 01953 717253 before the sale. We look forward to meeting you.

The Friends are also in the process of launching an online Lottery. We are currently awaiting approval of the licence. Entry will be £2 per number per month – paid online via STO. There will be a monthly prize draw. All proceeds will go towards the maintenance of the fabric and structure of the church, which is a Grade One listed building.

To register your interest please email eastharlingchurchfriends@gmail.com or see future contacts for more details.

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NORFOLK WILDLIFE TRUST BRECKLAND LOCAL GROUP

We kicked off the year with Tony Leech's "Norfolk's Wonderful 150" which is based on a book published by the Norfolk and Norwich Naturalist's Society to celebrate their 150 years! Tony is always a popular and very informative speaker and we had a very successful evening learning about some of the 150 special species found in Norfolk. Some only found in Norfolk.

We've just had our AGM and a talk from Kyle Jennings from the Brecks Reserves team. Kyle updated us on the work which NWT is undertaking to make the Reserves "Bigger, Better and Connected". This includes using cattle, ponies, sheep and goats chosen for specific areas to graze some of the land to help to preserve certain species.

On Wednesday March 8th we have got Anne Mason from Friends of Thetford Forest, talking about the Warrens of Breckland, the history and archaeology of this 600 year old industry. This is held at The Methodist Centre, High Street, Watton. IP25 6AB at 7.30pm. Cost is £2 members, £3 non-members. Refreshments served.

EAST HARLING AND GARBOLDISHAM TORY LADIES LUNCH GROUP

The next Meeting will be held at **12.00 on Wednesday, 8th March at 8 The Bailiwick** and a light lunch will be served. The guest speaker will be Councillor William Nunn who currently sits on Breckland Council. He will be talking about local matters and devolution in the region.

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RETURN OF THE BRIDGHAM VILLAGE HALL WEDNESDAY SOCIALS

Wednesday socials are back on Wednesday March 1st and Wednesday March 15th this month. Refreshments served from 11am and we look forward to welcoming you.



BOOK REVIEWS BY SALLY

Some of the books mentioned below are available in the Harling Book Swop or from a library or bookstore.

The Happiest Man on Earth, the Beautiful life of an Auschwitz Survivor by Eddie Jaku

Sometimes, reading big books is daunting. This one is for you as it is only 208 pages long with large text and some fantastic family pictures. There is no real need to describe it as the title is self-explanatory. The Harling reading group recommended this book and undoubtedly caused a mix of views.

It is a fascinating book; I've never read anything like this. For me, it has taken several "goes" to read it. Others I know have found it easy and have been able to read it more quickly. It is fierce in its description of the details. I read books to enjoy and learn about other parts of life and people. This book certainly gave you that, but for me, not an enjoyable read. You may like it; it's in the book swap for you to try if you wish.

The Christmas Chronicles: Notes, Stories and 100 Essential Recipes by Nigel Slater

I'm a great fan of all of Nigel Slater's books and have only found this one recently. Mary Berry recently said, "I love Nigel Slater's books. I would much prefer to read his books than to see him in the kitchen". She is right. The quality of Nigel Slater's writing is just magical reading. He describes methods and ingredients so well that you can almost visualise them. A great read, the book you can quickly dip in and out of. This perfectly describes what it feels like to be in the middle of winter in the UK.

Missing on Dartmoor by Julian Mitchell

This was a new author to me, but it came highly recommended by a friend. She was right. I finished this in one day, which was unheard of for me. It was compelling. A crime book featuring a new detective with a different way of working than other detective novels I often read. It was a gripping story, and I wanted to know "who did it". I found it surprising that it was "that person". I won't spoil the surprise.

My only negative thought about this book is the size of the font. I understand that sometimes typesetters get the size and type of text wrong. Initially, this was hard to read due to the typeface. Every time I picked it up, I got frustrated that it was in the wrong font. Thankfully it was a book I wanted to read. Highly recommend it; it became somewhat compulsive to finish yesterday on a rather gribbly day.

it became somewhat compulsive to finish yesterday on a rather gribbly day. Enjoy.

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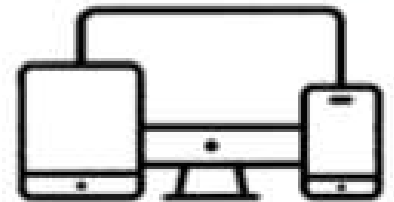
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DIARY DATES 2023

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

MARCH 2023

- 1st Bridgham Village Hall Wednesday Social 11-1pm
3rd Bridgham Village Hall Friday Social 6-11pm
4th E Harling Church Community Café 10-12noon
6th Harling Warm Hub OSH 11-3pm
7th E Harling Film Club 7 for 7.30pm
8th OSH Coffee Morning 10-12noon
13th Harling Warm Hub OSH 11-3pm
14th Gardening Club OSH 7.30pm
15th Bridgham Village Hall Wednesday Social 11-1pm
17th Bridgham Village Hall Friday Social 6-11pm
18th Harling Slide Show Then & Now OSH 6.30pm for 7.00 pm
20^t Harling Warm Hub 11-3pm
22nd OSH Beef Casserole Lunch 12 for 12.30
24th - Harling Theatre Company - "A Bunch of Amateurs"
- 7 for 7.30pm - OSH - Cash bar
25th - Harling Theatre Company - "A Bunch of Amateurs"
- 2.30pm Matinee performance and 7.30pm Evening performance - OSH - Cash bar
25th Bridgham Church Coffee Morning 10-12noon
27th Harling Warm Hub OSH 11-3pm
28th East Harling Parish Council OSH 7pm
29th Bridgham Village Hall Wednesday Social 11-1pm

APRIL 2023

- 1st East Harling Church Easter Community Café 10-12
4th E Harling Film Club 7 for 7.30pm
5th Bridgham Village Hall Wednesday Social 11-1pm
5th OSH Easter Coffee Morning 10-12 noon
5th Bridgham Village Hall Wednesday Social 11-1pm
7th Bridgham Village Hall Friday Social 6pm-11pm
11th East Harling Gardening Club OSH 7.30pm
19th Bridgham Village Hall Wednesday Social 11-1pm
19th OSH Pork Casserole Lunch 12 for 12.30
19th Bridgham Village Hall Wednesday Social 11-1pm
21 Bridgham Village Hall Friday Social 6-11pm
22nd Bridgham Church Coffee Morning 10-12
22nd OSH Quiz Night
25th East Harling Parish Council OSH 7pm
29th Then & Now Slide Show repeat performance OSH 6.30pm for 7pm

MAY 2023

- 2nd E Harling Film Club OSH 7for 7.30pm
3rd OSH Lunch Coronation Chicken 12 for 12.30
6th E Harling Coronation celebration BIG SUPER SWING BAND 7pm – 11 pm East Harling Church
17th OSH Coffee Morning 10-12
23rd East Harling Parish Council OSH 7pm
31st OSH Coffee Morning 10-12

CONTACT is published monthly by East Harling Parochial Church Council and. items for the April edition should be submitted to the editor by email by 12th March 2023 at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications.

Please don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email sue.wall@uwclub.net

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SATURDAY 4th March

East Harling Church 10am-12.00 noon

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes and browse the second hand book stall.

Everyone Welcome!

Tuesday 7th March FILM CLUB

In Harling Old School Hall
Film starts at 7.30 pm
Open at 7.15pm for crisps, popcorn, soft drinks, teas & coffees
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